



Pay Dates: 3/7, 4/4, 5/9, 6/6, 7/4, 8/8, 9/5, 10/10, 11/7, 12/5

Movie & Series Viewing Update

On Thursday February 22nd, all of the video equipment used for our **in-house** movies and shows was moved into an office within TRAC from TRCM. This has led to some changes we want to tell you about.

1. The times we will be resetting the channels are now:
 - 1:30 pm and Approximately 6:00 pm
2. We are eliminating the later reset time to allow for the full viewing of our longer shows and movies and also to remain in accordance with institutional count times.
3. We will continue to post the approximate times of all movies so you can estimate when you may catch the next showing. Please note that in the case of series, the average episode length is 52 minutes (please see below).
 - 3 episodes = 2h 36m
 - 4 episodes = 3h 28m
 - 5 episodes = 4h 20m

We are still in the process of creating new procedures for these changes and ask you to please be patient as we all adjust to the situation. We will make every attempt to create the best program to serve your viewing needs and thank you for choosing Activities for your entertainment needs.

WHO'S WHO @ TRCI

Superintendent – Ms. Reyes

Ass. Supt., Rehabilitation – Ms. T. Ridley

Ass. Supt., General Services – Ms. Ziegler

Ass. Supt., Security – Mr. Rumsey

Behavioral Health Service Mgr. – Ms. Coleman

Correctional Rehabilitation Mgr. – Ms. Gibbs

Grievance Coordinator – Ms. Eynon

Food Services Mgr. – Mr. Barker

Food Services Ass. Mgr. – Ms. Soderstrom

Hearings Officer – Mr. Brown

Health Services Mgr. – Ms. Dieter

Law Library Coordinators – Ms. Chavez, Ms. Munoz, Ms. Harn

Mail Room Supervisor – Ms. Ziegler

Operations Captain – Mr. Archer

Physical Plant Mgr. – Mr. Stark

PREA Compliance Mgr. – Captain Herron

Recreation Specialist – Mr. Cambell, Mr. Garrett

Religious Services – Chaplain Cardona

Release Counselor – Ms. Noble

Tablet & Video Visit Liaison – Mr. S. Ridley

March Movie Schedule

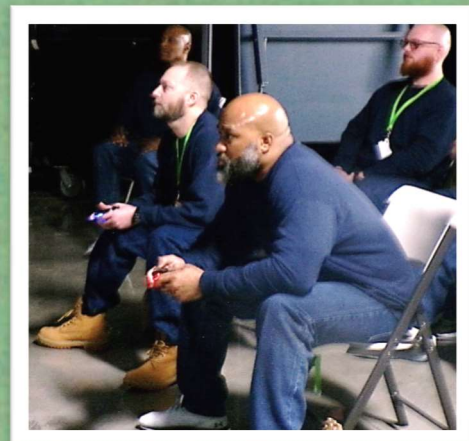
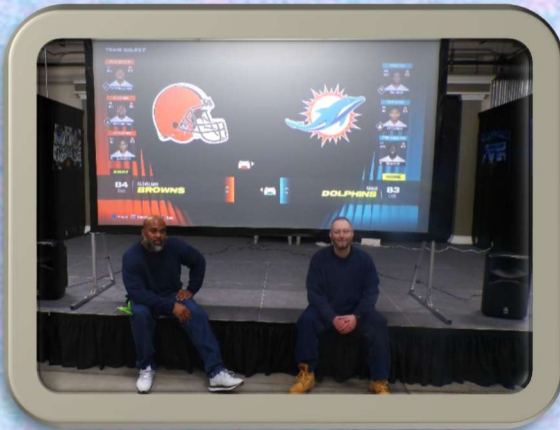
Week 1	Run Time	March 1 st – March 7 th	Rating	Movie Start / Repeat Times	
Ch. 14*	Loop	Game of Thrones Season 5, Disc 5 (2 eps)	TV-MA	1:30 pm	6:00 pm
		Game of Thrones Season 6, Disc 1 (2 eps)			
		Succession Season 1, Disc 3 (4 eps)			
Ch. 15	2:34	Indiana Jones and the Dial of Destiny	PG-13	1:30 pm	6:00 pm
	1:34	The Beguiled	R		
Ch. 17*	Loop	Sopranos Season 6.1, Disc 3-4 (3 / 3 eps)	TV-MA	1:30 pm	6:00 pm
	Loop	True Detective Season 1, Disc 1 (3 eps)	TV-MA		
Week 2	Run Time	March 8 th – March 14 th	Rating	Movie Start / Repeat Times	
Ch. 14*	Loop	Game of Thrones Season 6, Disc 2-3 (2 / 2 eps)	TV-MA	1:30 pm	6:00 pm
		Succession Season 2, Disc 1 (4 eps)			
Ch. 15	1:44	Dumb Money	R	1:30 pm	6:00 pm
	1:54	The Trip	NR		
Ch. 17*	Loop	Weeds Season 3, Disc 2-3 (5 / 5 eps)	TV-MA	1:30 pm	6:00 pm
		The Tudors Season 2, Disc 1 (3 eps)			
Week 3	Run Time	March 15 th – March 21 st	Rating	Movie Start / Repeat Times	
Ch. 14*	Loop	Game of Thrones Season 6, Disc 4-5 (2 / 2 eps)	TV-MA	1:30 pm	6:00 pm
		Succession Season 2, Disc 2 (3 eps)			
Ch. 15	2:38	Hunger Games: Ballad of Songbirds & Snakes	PG-13	1:30 pm	6:00 pm
	1:24	Idiocracy	R		
Ch. 17*	Loop	Sopranos Season 6.2, Disc 1-2 (2 / 2 eps)	TV-MA	1:30 pm	6:00 pm
		True Detective Season 1, Disc 2 (3 eps)	TV-MA		
Week 4	Run Time	March 22 nd – March 28 th	Rating	Movie Start / Repeat Times	
Ch. 14*	Loop	Game of Thrones Season 7.1, Disc 1-2 (2 eps)	TV-MA	1:30 pm	6:00 pm
		Succession Season 2, Disc 3 (3 eps)			
Ch. 15	1:29	About My Father	PG-13	1:30 pm	6:00 pm
	1:59	In the Cut	NR		
Ch. 17*	Loop	Weeds Season 4, Disc 1-2 (5 / 4 eps)	TV-MA	1:30 pm	6:00 pm
		The Tudors Season 2, Disc 2 (3 eps)			
Week 5	Run Time	March 29 th – April 4 th	Rating	Movie Start / Repeat Times	
Ch. 14*	Loop	Game of Thrones Season 7.1, Disc 3-4 (2 / 2 eps)	TV-MA	1:30 pm	6:00 pm
		Succession Season 3, Disc 1 (3 eps)			
Ch. 15	1:50	Five Nights at Freddy's	PG-13	1:30 pm	6:00 pm
	1:48	Smokin' Aces	R		
Ch. 17*	Loop	Sopranos Season 6.2, Disc 3-4 (3 / 2 eps)	TV-MA	1:30 pm	6:00 pm
		True Detective Season 1, Disc 3 (2 eps)	TV-MA		

Closed Caption Schedule:
All Movie Channels will be played in closed caption on a set schedule

* CH. 14 & CH. 17 IS STRICTLY FOR IN CELL VIEWING ONLY AND IS NOT TO BE SCHEDULED FOR DAYROOM AUDIENCE. SCHEDULING THESE CHANNELS FOR THE DAYROOM IS SUBJECT TO DISCIPLINARY ACTION IF THIS DIRECTIVE IS VIOLATED! *

Madden 24 Tournament

January 31st, 2024 @ TRAC



TRCI Champion: Lorin Jacobs (right)
2nd Place: Michael Gill (left)



The 2024 Madden Tournament was held Wednesday, January 31st @ TRAC. This year's event was a culmination of 5 previous "pre-tournaments" held earlier in the month. The pre-tournament winners; Lorin Jacobs (U12), Michael Gill (U11), Anthony Breaux (U2), Lucas Martinez (U11), and Sergio Hill (U26) competed in the final event. All 5 winners were placed in a random bracket and played on the smaller TV's until the final between Jacobs and Gill played on the larger projector. The championship game was one for the ages. A back and forth battle between the Browns (Gill) and Dolphins (Jacobs) was pushed into overtime by a game tying 50-yard field goal. In the end, Tyreke and the Dolphins were too much for the Brown's Defense, ultimately winning on a big passing play touchdown. Thank you to all that participated in this year's event, we look forward to the next tournament in April!

Upcoming PSC & TRAC Events

- **Pinochle Tournament (All Incentive levels): Month of March**
- **Introduction to Spanish Class (level 3 Only): Starts March 6th**
- **Pinochle Championship (level 3 Only): April 3rd**
- **PGA 2K23 Tournament (TRAC Participants Only): April 22nd**

Incentive Unit Fitness Room

Fitness rooms are a dedicated space for AIC's to maintain good cardiovascular fitness, as well as overall physical wellbeing. The rooms provide an array of equipment (please see below) for AIC's to use as well as an environment that is not subject to the weather extremes of our local climate.

Dedicated Fitness Room Equipment:

- Rogue Fan Bikes x2
- Rowing Machine x1
- Pull-up / Dip Bar station x1 ea. (coming soon)



Also available on unit:

- Ab Roller x2
- Foam Roller x2
- Medicine Balls
 - 20# x4
 - 30# x2
- Nerf Football
- Yoga Mats x4
- Yoga Blocks x4



2023 Taxes & Forms

- **DOC will not be providing Adults in Custody (AICs) with tax forms.**
- **It is recommended that AICs obtain appropriate tax forms (*IRS Form 1040 / Oregon Form OR-40, etc.*) and instructions from a trusted source outside of the institution.**
- **AICs will need to use their own pre-addressed, postage paid envelope(s).**
- **AICs may appoint a qualified and trusted person as their power of attorney (POA) to assist with the tax filing process. POA forms can be obtained by submitting a Library Request form (CD1714).**
- **Department staff may not provide tax advice to AICs.**

From the Administrative Rules Program:

Below is the list of status changes made to DOC administrative rules since 1/30/2024.

PROPOSED RULES:

291-011 Segregation (Disciplinary)

- Amends rule to repeal a rule that limits staff from being assigned to a disciplinary segregation post for a period exceeding 24 consecutive months; to change "inmate" to "AIC" per statutory requirement; to remove gendered language and add person-first language; for minor grammatical or punctuation fixes; to update rule headings and committee titles; and to add clarifying language and language for consistency with other department rules.
- **Extended:** Last day of comment period: 3/22/24 at 5:00 PM
- Public Hearing to be held remotely on 3/20/24 12:30PM to 1:30PM

291-078 Community Case Management (Community Corrections)

- Amends rule to update definitions to align with current business terminology and with revisions to substantive provisions of these rules; to reorganize the rules to a more logical format for ease of reference and use; to add gender-specific case management practices through the use of the Women's Risk Needs Assessment; per SB 1510 (2022) to adopt new rule concerning minimum contact standards; to clarify process for counties around the use of OMS case planning tools; and to change "inmate" to "AIC" per statutory requirement.
- **Extended:** Last day of comment period: 3/25/24 at 5:00 PM
- Public Hearing to be held remotely on 3/19/24 1:30PM to 2:30PM

PERMANENT RULES:

291-028 Searches (Community Corrections)

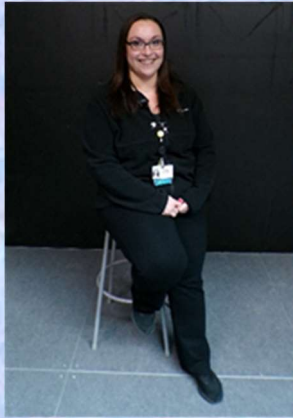
- Amended rule to update definitions and statutory citations, make grammatical changes, and to add language regarding the storage and disposition of found property or property that has no evidentiary value.
- Effective 2/26/24

BHS Staff
Enjoying
Karaoke

Staff Spotlight

BHS Counselor/QMHP: Mrs. Marlena Augiar

Days Available to speak: Sunday, Tuesday-Thursday



Mrs. Aguiar, is the most genuine, authentic, and attentive person you could talk to. Being an avid lover of music, she began performing in 1st grade. Singing in choir groups and has even toured the USA as part of a Jazz Troupe. She has played in numerous different clubs to pay her way through college, as well as singing the National Anthem in Safeco Field at a Seattle Mariners game, and playing the Carnegie Hall. She knows how to play the piano as well.

She started working in the D.O.C. 8 years ago and immediately knew that this was her home. Receiving her Master's Degree in 2012, Mrs. Aguiar began working in a county jail and also worked in a mental health facility prior to working at TRCI. In her day-to-day work, Marlena believes she is too hard on herself when she isn't able to meet her laid out expectations, and admittedly says can be too high at times. When asked about her biggest challenges in her career, she mentions not having enough time in the day to meet with all her clients. However, the highlight for her is building positive relationships with individuals and seeing the growth that they can and do achieve after just a short period of time working with her. Mrs. Aguiar believes that under most cases, when another person speaks with her, it is (a lot of times) the first positive relationship that person has had in their life.

Her current job title is a QMHP (Qualified Mental Health Professional), currently leading a 3-person team that is responsible for the care of all AIC's in the institution. Most days, she finds herself putting out the proverbial "fires", meaning she helps care for individuals who are struggling with the notion of self-harm, or suffering from some form of emotional distress, etc. Marlena and her team are also available to help staff when they feel overwhelmed by stress related events from the AIC population. And because of that, she does collaborate with administration. Communication between admin, staff, and BHS is at an all-time high and couldn't be better. She is very happy to see that BHS is looked at as a resource now. Her favorite part of the day is when she creates her daily schedule, but really enjoys when that schedule goes out the window and chaos for the day ensues.

Mrs. Aguiar's greatest accomplishment at TRCI is spearheading the MHU Karaoke program. She loves seeing everyone embracing the event and putting their inhibitions aside to just have fun. The best part is when new members on the unit show up and just engage with everyone. "All the AIC's on the unit really embrace each other and it is truly special to see," she says in description of the event. "I would love to expand this to potentially a form of music therapy, or another similar event of some kind." Aguiar replies when asked about new ideas she would like to see happen in the coming year.

To illustrate how amazing and hardworking Mrs. Aguiar and her team are, they are responsible for approximately half of the institution on their caseload. We are all extremely grateful for the selfless staff in BHS and everything they do. To meet with everyone that they schedule daily, and even helping all the other AIC's who are not on their caseload, it is truly inspiring. Thank you, Mrs. Aguiar and her team, for all you do!



Garrett's Monthly Inspiration



**FAITH IS TAKING THE
FIRST STEP EVEN WHEN
YOU DON'T SEE THE
WHOLE STAIRCASE.**

MARTIN LUTHER KING, JR.

Tri-Cities Cancer Center visits The Paradigm Shift Club February 16th, 2024



TRI-CITIES
**Cancer
Center**

On Friday, February 16th 2024, The Paradigm Shift Club was proud to welcome five representatives from Tri-Cities Cancer Center. The club hosted them in the TRAC along with Ms. Ridley and Mr. Garrett. The club presented the group of ladies with a check for \$2544.91 along with a thank you letter. They said that these funds will specifically go to the mammogram program; to assist with those who may not have insurance coverage. They relayed to us that the center focuses on the following four pillars; Prevention; Early Detection, Treatment, and Survivorship. The Tri-Cities team shared stories about how their center impacts much more than just cancer victims. The ladies represented multiple areas within TCCC, which included volunteer outreach, operations, public outreach, and management. Their comprehensive approach works closely with the community and other like-minded organizations. They were eager to learn about the prison environment and showed immense gratitude toward our AIC population. The PSC hopes to continue supporting Tri-Cities Cancer Center and breast cancer awareness with future fundraisers.

African American Program

Our mission is to provide culturally-specific services to assist in the successful transition of African Americans from prison to the community.



Program Objectives

- **Stop:** Parole violations, criminal activities, domestic violence, drug and alcohol use, cycle of self-defeat.
- **Increase:** Education, vocational training, employment, family stability and community connection.
- **Provide:** Culturally-specific programs and services, HEAT (Habilitation, Empowerment, Accountability, Therapy) for men, and HER (Habilitation Empowerment and Recovery) for women.

To Be Considered

- **Eligibility restrictions:** will be reviewed on a case-by-case basis.
- **No:** Sex offenses, clear and persistent mental health diagnosis, or active gang involvement/affiliation.
- Must be supervised in Multnomah County.

How to Get Started

- **Inmate:** Write a detailed letter expressing why you would like to be considered for participation. Send your letter with a kyte to: CRCI/AAP/Bruce Douglas
- **Counselor:** Email inmate's full name, SID#, and recommendation to bruce.w.douglas@multco.us

**Dept. of Community Justice/AAP,
1245 SE 122nd Ave., Portland, OR 97233
503.310.0054 | bruce.w.douglas@multco.us**



**Department of
Community Justice**

Community Safety Through Positive Change

PGA 2K23

TOURNAMENT



TRAC SPORTS™

Tournament & Championship will all be conducted on:

Monday April 22nd, 2024 @ 6PM

- Tournament will be a 9-hole match
- Championship game will be played on the large projector
- Popcorn and beverages to be provided

- TRCI 1st place champion will receive a 24-ounce Tervis Insulated cup with professional sports team logo of their choice.
- 2nd place will receive an insulated 16-ounce Tervis cup with professional sports team logo of their choice.



1st Place



2nd Place

****MUST BE A TRAC PARTICIPANT TO ATTEND; PLEASE SEND A KYTE TO PARADIGM SHIFT CLUB TO SIGN UP BY APRIL 12th; RULES AND DETAILS WILL BE SENT TO PARTICIPANTS****



Financial Services

Informational Briefing

Adult in Custody (AIC) Trust Accounts

<p>General Spending Account</p>	<ul style="list-style-type: none"> • Primary spending account for AICs • Eligible deposits are received into this account <ul style="list-style-type: none"> ◦ <i>Examples: Deposits received from friends/family, and PRAS</i> • AICs use the Request for Withdrawal of Funds form (CD28) to facilitate financial transactions from the General Spending Trust Account • Funds in this account are not protected from debt/obligation collection or garnishment
<p>Protected Spending Reserve Account</p>	<ul style="list-style-type: none"> • This is a spending account established for AICs who receive protected money <ul style="list-style-type: none"> ◦ <i>Examples: disability benefits for veterans, moneys received from Native American or tribal government, railroad retirement benefits, OCE Prison Industry Enhancement (PIE) Awards</i> • AICs use the green Request for Withdrawal of Funds from Protected Reserve form (CD28P) to facilitate financial transactions from the Protected Reserve Trust Account • Funds in the Protected Reserve Trust Account are protected from debt/obligation collection or garnishment
<p>Transitional Savings Account</p>	<ul style="list-style-type: none"> • Established per SB844/ORS 423.105 as a means for AICs to save funds for release from ODOC custody • 5% of each eligible deposit is received into the AICs Transitional Savings Trust Account until the account reaches \$500 • AICs may elect to transfer funds into this account by submitting a transfer request form (CD1832, <i>available electronically and in paper</i>) up to \$500 • AICs may continue a 5% deduction of their eligible deposits beyond \$500 if court-ordered financial obligations (COFOs) are satisfied • Funds in the Transitional Savings Trust Account are protected from debt/obligation collection or garnishment, but this is not the same thing as the Protected Spending Reserve Account
<p>General Savings Account</p>	<ul style="list-style-type: none"> • Established as a means for AICs to save funds outside of the Transitional Savings Trust Account • AICs may elect to transfer funds into the General Savings Trust Account by submitting a transfer request form (CF1832, <i>available electronically and in paper</i>) • Funds in this account are not available until the AIC releases from ODOC custody; an exception may be granted by the CFO or designee per OAR 291 Div. 158 • Funds in the General Savings Trust Account are not protected from debt/obligation collection or garnishment
<p>Obligated Reserve Accounts</p>	<ul style="list-style-type: none"> • Medical, Optical, Dental, Trip, Education, Religious, and Programming are accounts AICs use when there is a need to reserve funds for a good or service that meets specific criteria • AICs may receive deposits directly to one of these accounts from an external source • AICs must be approved to place funds into an Obligated Reserve Account • Funds in Obligated Reserve Accounts are deemed spent and therefore are not subject to debt/obligation collection or garnishment

Questions?

AICs may submit an AIC Communication form to Business Services (*electronic communication option preferred & available on the tablet*). Friends and Family may submit questions to dldoctrustinfo@doc.state.or.us.



Financial Services

INFORMATIONAL BRIEFING

The Department of Corrections (DOC) will not provide federal or state tax forms to AICs.

- AICs may write or call the Internal Revenue Service (IRS) or Oregon Department of Revenue to request tax forms.
- AICs may elect to reach out to their friends and family to request they send tax forms in through the mail. All incoming mail is subject to the Departments rule on mail, 291-131-0025.
- DOC staff / legal assistants are not authorized to provide tax advice or status updates on filings to AICs.
- AICs may appoint a qualified and trusted person as their power of attorney (POA) to assist with the tax filing process. POA forms can be obtained by submitting a Library Request form (CD1714).

**State and Federal
taxes due date:
April 15th,
2024**

AICs will need to use their own pre-addressed postage paid envelope for tax correspondence and filings.

Oregon Department of Treasury Tax Forms Requests	Internal Revenue Service Tax Forms Requests
Department of Revenue P.O. Box 14999 Salem, OR 800-356-4222	Department of Treasury Internal Revenue Service Ogden, UT 84201-0002 800-829-3676

Questions?

AICs may submit an AIC Communication form to Business Services (electronic communication option preferred & available on the tablet). Friends and Family may submit questions to dldoctrustinfo@doc.oregon.gov.

David Gilmore



An Afternoon of Piano

Pieces From Composers Such As:

Bach, Beethoven, Rachmaninoff, Chopin, Gershwin, Ravel, Featuring an Original Composition by TRCI's own David Gilmore and *More*

David Gilmore is a well-known resident of TRCI and has been involved in many different bands, including the Heartland Country Band and multiple Religious Service offerings. Mr. Gilmore was also deeply involved in the musical compositions of many of the Theater Groups offerings over the years.

Friday, March 15th, 2024

12:30 – 2:00 PM

To sign up:

Send a kyte to J. Garrett - Recreation before Monday, March 7th, Level 3 only!
All wheel chair pushers must be Level 3 to attend and must sign up separately!
All attendees MUST have prior approval from Work Location Supervisors!!