



HEALTH SERVICES



Sexually Transmitted Disease Testing

Oregon Department of Corrections will now be requiring every Adult in Custody (AIC) to opt-in or opt-out of sexually transmitted disease testing once during their incarceration.

² Just like with the flu immunizations, everyone will have to sign a consent form stating yes, they would like testing or no, they are not interested in tested. This will just be for one time during your current sentence. If you paroled and return, you will be required to repeat it at that time.

You will be receiving a form via the AIC communication system that you will be required to fill out. If you live in General Population (GP), Day Treatment Unit (DTU), or Dorm, please return it by putting it in the medical communication form box on the Control Floor. If you are in a Special Housing Unit: Mental Health Infirmary (MHI), Behavior Health Unit (BHU), Disciplinary Segregation Unit (DSU), or Intermediate Care Housing Unit (ICH), please hand it to a nurse as they are making their rounds.

Once the forms have been received back, if you have chosen to be tested, you will be scheduled in the upcoming weeks. If you chose not to be tested, the form will be placed in your chart and your name will be removed from the list. You may always change your mind at any time by sending a new AIC communication to Medical.

If you have recently been tested and chose not to be retested, please opt-out of testing,

/s/ K. Ross, OSP Health Services Nurse Manager



ACTIVITIES



Activities Fundraisers

Activities Fundraisers, including "grab-and-go" items, are authorized only for AICs with an NCI Incentive Level of 2 or 3. NCI 1 AICs (those with orange IDs or STM Level 1 yellow plastic IDs) are no longer eligible to order or receive these fundraiser items.

/s/ Lt. Stanhope

JOB ANNOUNCEMENTS

Physical Plant Carpenter Shop Position

The Physical Plant Carpenter Shop is accepting applications for an additional crew member with some previous carpentry experience. Applicants must have at least one year clear conduct and possess the following desired skills:



Self-motivated individual who will apply and/or eagerly learn new construction carpentry and finish carpentry skills

Ability to follow directions, take constructive criticism, and work well with others

Ability to lift and carry 50+ pounds

Reliable attendance and communication skills

Send completed AIC application form to Physical Plant Carpenter, H. Baray.

/s/ H. Baray, Physical Plant

RELIGIOUS SERVICES

Intergenerational Cycles Workshop

The Restorative Justice group here at OSP is conducting a workshop on intergenerational cycles of harm/incarceration. There will be three sessions: May 13, 2024, May 20, 2024, and June 3, 2024, from 12:00 pm to 3:00 pm.

These sessions will consist of presentations and guest speakers, including professors from several

universities, Credible Messengers, and those impacted by intergenerational cycles. In addition, there will be small and large group discussions. The conclusion of this workshop will be to seek strategies to interrupt these cycles of harm.

If you would like to participate, please send an AIC communication to Chaplain Perlstein and ask to be part of the Intergenerational Cycles Workshop.

We hope to see you there.

/s/ A. Perlstein, Chaplain



Weekly Chapel Schedule

Saturday, April 13

8:00 am LDS
Sweat Lodge
Jehovah's Witness
1:00 pm Jewish Service
Seventh Day Adventist
6:00 pm Calvary Chapel
Siddha Yoga (2nd and 4th Saturdays)

Sunday, April 14

8:00 am Spanish Protestant
Spanish Jehovah's Witness 1:00 pm
Catholic Service
Urantia (1st and 3rd Sundays)
6:00 pm Lutheran Service

Monday, April 15

1:00 pm Hispanic Catholic Service
6:00 pm Pentecostal Service

Tuesday, April 16

1:00 pm Agape
Orthodox Christianity (1st and 3rd
Tuesdays)
Art of Living (Meditate) (2nd and 4th
Tuesdays)
6:00 pm Buddhist (1st and 3rd Tuesdays)

Wednesday, April 17

1:00 pm Justice Issues
6:00 pm Most Excellent Way Chapel

Thursday, April 18

1:00 pm TUMI
6:00 pm Gospel Service

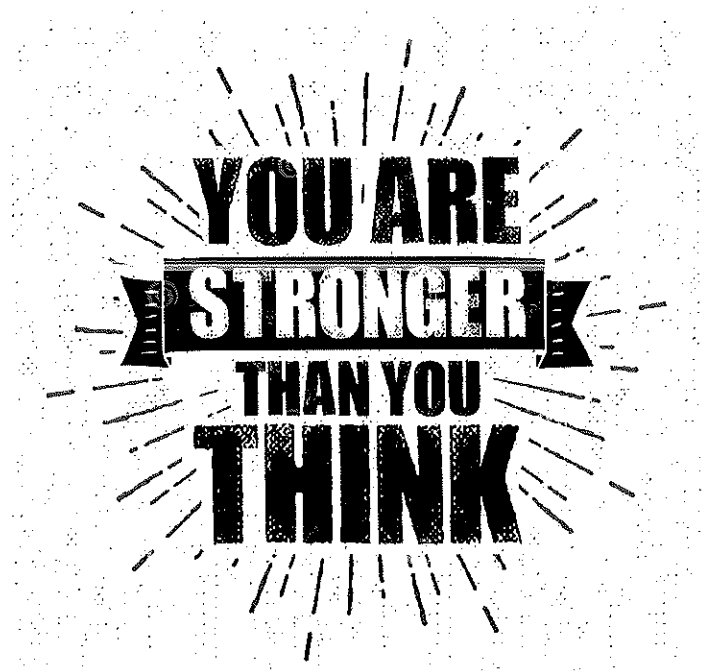
Friday, April 19

1:00 pm Nation of Islam
Sunni Jumma Prayer

A Point to Ponder

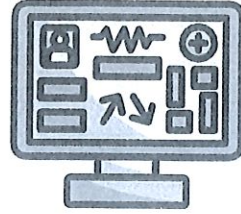
"Though no one can go back and make a brand new start, anyone can start from now and make a brand new ending."

~ Carl Bard



TO: ALL ADULTS IN CUSTODY
FROM: HEALTH SERVICES
RE: EHR PROJECT
DATE: APRIL 1, 2024

Health Services wants to update you throughout the EHR project and make sure you always have the latest information about how to access health care. We may sometimes repeat information for others who may have missed previous updates and will continue to share new information with you when it becomes available.



One **IMPORTANT** thing to remember is that, for now, you still access health care how you always have in your institution.

Small construction projects in places like satellite medical or in the clinic will take place as the EHR project moves forward. These teams are working hard to make sure your health providers have the EHR tools and equipment ready and available when providing your care in the future.



Speaking of the Future! When the EHR system starts being used in your institution, your doctors, nurses, dentists, and mental health professionals will be able to see your important health information right on their computer just like when you visit a health provider on the outside.

Finally, we would also like you to know that we continue to update your friends and family about the EHR project through the Department of Corrections Friends and Family publication.





AIC Debt and Obligation Information

Debt / Obligation Type	Collection Schedule	Additional Information
<p>Court Ordered Financial Obligation (COFO)</p>	<ul style="list-style-type: none"> Collected from eligible deposits per ORS 423.105 10% collected for COFO(s) from eligible deposits until the transitional savings trust account reaches \$500 Then, 15% collected for COFO(s) from eligible deposits until obligation(s) are satisfied 	<ul style="list-style-type: none"> The department does not have case-specific information regarding COFOs; AICs are encouraged to contact the court of record regarding their COFO details COFOs are not the same as County and US Court filing fees. Examples of COFOs are restitution, fines, fees, & child support COFOs will continue to collect during the Holiday Buying Period
<p><i>Note: Although the transitional savings trust account is considered an obligation, funds collected are owned by the AIC. Per ORS 423.105, 5% will be collected from eligible deposits and placed into the transitional savings trust account. Funds in the transitional savings trust account are <u>not</u> available until the AIC releases from ODOC custody.</i></p>		
<p>DOC Debt</p>	<ul style="list-style-type: none"> Collected from eligible deposits Additionally, collections shall occur the last business day of the month per OAR 291 Div. 158 if funds are available 	<ul style="list-style-type: none"> DOC debt includes but is not limited to debt incurred from various disciplinary fines, copy, and postage advances DOC debt is due upon receipt; if/when funds are not available, funds are advanced and set-up as debt Monthly, AICs may spend up to \$40 of the first \$80 deposited into general spending DOC Debt may be suspended during the Holiday Buying Period unless a new disciplinary fee is applied
<p>County Court Deferred Filing Fee Obligation</p>	<ul style="list-style-type: none"> Collected as funds become available Multiple collections may occur throughout the month Additionally, collections shall occur the last business day of the month 	<ul style="list-style-type: none"> County obligations refer to deferred county filing fees These obligations are incurred when an AIC elects to file with the court and the court approves a deferred filing fee County Court fees will continue to collect during the Holiday Buying Period
<p>Initial Federal / US Court Filing Fee Obligation</p>	<ul style="list-style-type: none"> Collected as funds become available Multiple collections may occur throughout the month Additionally, collections shall occur the last business day of the month 	<ul style="list-style-type: none"> Initial Filing fees can be collected in total and are due upon receipt These obligations are incurred when an AIC elects to file with the court and the court approves a deferred filing fee Initial Federal/US Court filing fees will continue to collect during the Holiday Buying Period
<p>Federal / US Court Deferred Filing Fee Obligation</p>	<ul style="list-style-type: none"> Collected around the beginning of the month 	<ul style="list-style-type: none"> General filing fee collection amount determined by the previous month's deposit(s) 20% of previous months deposits multiplied by the number of cases is deemed collectable Federal/US Court Deferred filing fees will continue to collect during the Holiday Buying Period

Note: Debt / Obligation types appear in order of collection priority. ODOC will comply with garnishment orders upon receipt.



Mainline

Week at a Glance

	Monday 4/15/2024	Tuesday 4/16/2024	Wednesday 4/17/2024	Thursday 4/18/2024	Friday 4/19/2024	Saturday 4/20/2024	Sunday 4/21/2024	
Week 4	BREAKFAST Oatmeal - 1.00 CP Canned Fruit - 0.50 CP Fried Egg (Sta,Chl) - 1.00 EA Sliced Cheese (Sta,Chl) - 1.00 SLC English Muffin - 1.00 EA Fried Potatoes - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Scrambled Eggs (Sta,Chl) - 0.33 CP Refried Beans - 0.50 CP Shredded Cheese (Sta,Chl) - 2.00 TBS Salsa (Sod) - 0.25 CP Flour Tortilla - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Farina - 1.00 CP Canned Fruit - 0.50 CP Sausage Gravy (Chl) - 0.75 CP Biscuit (Sta,Sod) - 1.00 EA Fried Potatoes - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Waffles (Sod) - 2.00 EA Peanut Butter (Sta) - 3.00 TBS Maple Syrup - 2.00 FLOZ Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Oatmeal - 1.00 CP Canned Fruit - 0.50 CP Scrambled Eggs (Sta,Chl) - 0.33 CP Shredded Cheese (Sta,Chl) - 2.00 TBS Wheat Toast - 2.00 SLC Margarine (Sta) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Canned Fruit - 0.50 CP Scrambled Eggs (Sta,Chl) - 0.33 CP *Pork Bacon (Sta,Sod,Chl) - 3.00 SLC Fried Potatoes - 0.75 CP Wheat Toast - 2.00 SLC Jelly - 2.00 TBS Margarine (Sta) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Multigrain Hot Cereal - 1.00 CP Fresh Fruit - 1.00 EA Yogurt (Sug) - 0.75 CP Breakfast Pastry (Sta,Chl) - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	
Week 4	LUNCH Lentil Soup - 10.00 FLOZ Chicken Salad (Chl) - 0.50 CP Shredded Lettuce - 0.25 CP Wheat Hoagie Roll - 1.00 EA Green Beans - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Coleslaw (Sod) - 0.75 CP *Barbeque Pork (Chl,Sta) - 0.50 CP Wheat Hoagie Roll - 1.00 EA Peas - 0.75 CP Seasoned Potatoes - 0.75 CP Ketchup - 1.00 TBS Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	*Soup of the Day (Sod,Chl) - 10.00 FLOZ *Meat & Cheese Sandwich on Wheat (Sod,Chl,Sta) - 1.00 EA Sliced Onions - 2.00 TBS Shredded Lettuce - 0.25 CP Mayo & Mustard (Sod) - 2.00 TBS Blended Vegetables - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Minestrone Soup - 10.00 FLOZ Chef Salad with Turkey (Chl) - 1.00 SV Hard Boiled Egg (Sta,Chl) - 1.00 EA Shredded Cheese (Sta,Chl) - 2.00 TBS Salsa (Sod) - 0.25 CP Salad Dressing (Sta,Sod) - 2.00 FLOZ Peas - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sta) - 1.00 TBS Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Taco Salad with Meat (Chl,Sta) - 1.00 SV Seasoned Beans - 0.75 CP Shredded Cheese (Sta,Chl) - 2.00 TBS Salsa (Sod) - 0.25 CP Salad Dressing (Sta,Sod) - 2.00 FLOZ Spanish Rice - 0.75 CP Tortilla Chips - 2.00 OZ Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	*Soup of the Day (Sod,Chl) - 10.00 FLOZ Breaded Fish (Chl) - 1.00 EA Tartar Sauce (Sod) - 2.00 FLOZ Macaroni & Cheese (Sta,Sod,Chl) - 0.75 CP Cauliflower - 0.75 CP Breadstick - 1.00 EA Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing (Sod) - 1.00 FLOZ Roast Turkey (Chl) - 3.00 OZCKD Poultry Gravy - 2.00 FLOZ Mashed Potatoes - 0.75 CP Green Beans - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sta) - 1.00 TBS Chocolate Cupcake (Chl) - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	
Week 4	DINNER Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Cajun Meat Loaf (Chl,Sta) - 1.00 EA Brown Rice - 0.75 CP Butternut Squash - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sta) - 1.00 TBS Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken Tortilla Stew (Chl) - 10.00 FLOZ Lemon Cilantro Rice - 0.75 CP Carrots - 0.75 CP Tortilla Chips - 1.00 OZ Sour Cream (Sta,Chl) - 2.00 TBS Gelatin & Whip Topping (Sta) - 0.50 CP Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Meat Sauce (Chl,Sta) - 0.75 CP Spaghetti - 0.75 CP Broccoli - 0.75 CP Focaccia Bread (Sod) - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Cheese Pizza (Sod,Chl,Sta) - 1.00 EA Blended Vegetables - 0.75 CP Choice Dessert (Sta,Chl) - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken Teriyaki (Chl) - 0.50 CP Brown Rice - 0.75 CP Stir-Fry Vegetables - 0.75 CP Japanese Milk Roll - 1.00 EA Fruit Bar (Sta,Sod,Chl) - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Beef Patty (Chl,Sta) - 1.00 EA Onions & Pickles (Sod) - 0.25 CP Wheat Burger Bun (Sta,Chl) - 1.00 EA Blended Vegetables - 0.75 CP Seasoned Potatoes - 0.75 CP Ketchup (Sod) - 2.00 TBS Tea - 8.00 FLOZ	Texas Slaw - 0.75 CP Burrito Beans - 0.75 CP Shredded Cheese (Sta,Chl) - 2.00 TBS Spanish Rice - 0.75 CP Salsa (Sod) - 0.25 CP Wheat Tortillas (Sta,Sod) - 2.00 EA Fresh Fruit - 1.00 EA Tea - 8.00 FLOZ	

Menu subject to change without notice. Meat-Alternative-Trays available at lunch & dinner only.

*Contains or may contain pork.

Sod = High Sodium Sfa = High Saturated Fat Chl = High Cholesterol Sug = High Sugar

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