# T.R.C.I. TUMBLEWEED

| April 2024 | | VOL 24 | | ISSUE 4 |

## Coming Soon!

### At-Cost Burger Meal

*OPEN TO ALL INCENTIVE LEVELS*
Supported by TRCI's Bakery

**CD28's Coming Soon!**

**All meals include:**

- 2 Patties (1/3lb each, oven baked)
- 2 Cheddar Cheese Slices
- 2 Fry Sauces (4oz each)
- 1 lb Beer Battered Spiral Fries (oven baked in oil)
- 4 Slices of Premium Bacon (optional)

**With Bacon: $17**

**Without Bacon: $15**

**Maximum of 1 Meal Per Order**

Please join the Paradigm Shift Club with support from the TRCI Bakery in our inaugural "at-cost" burger meal, open to all incentive levels. At-cost meals are our attempt to offer the lowest priced meal without markups. These at-cost events will be provided periodically; in addition to the 4 fundraisers. The "at-cost" events will always be advertised as a non-fundraising event.

### Delivery Information

**THU, MAY 30th**: Corridor 1 / 2 / 3 / INF

**FRI, MAY 31st**: Corridor 4 / MIN

**Delivered after 6PM**

*Times subject to change*

**PARADIGM SHIFT**

## 3 ON 3 BASKETBALL LEAGUE COMING THIS SUMMER!

- 12 Game Season (Approx. 3 months)
- 12 Team League (2 per incentive unit)
  - Incentive Level 3 Only
  - All Games Played on Unit 1
  - More Details Coming Soon!

## April 2024 Viewing Schedule

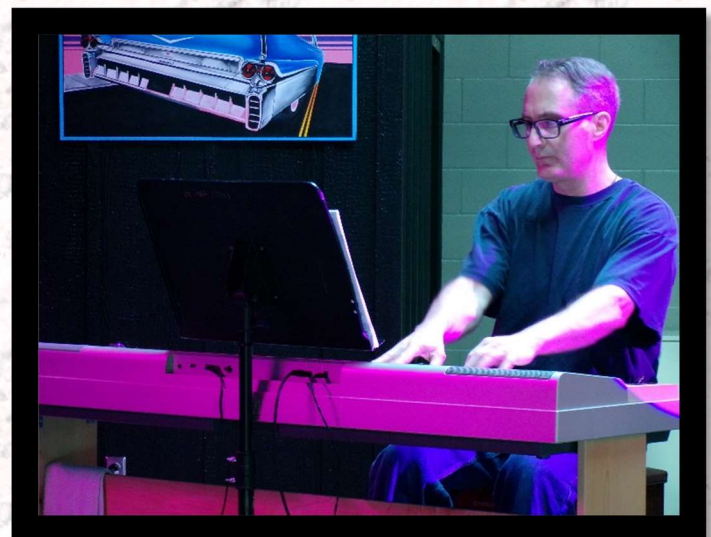| Week 1 | Run Time | April 5th – April 11th | Rating | Movie Start / Repeat Times | |
|---|---|---|---|---|---|
| Ch. 14* | Loop | Game of Thrones Season 7.2 Disc 1-2 (2 eps) | TV-MA | 1:30 pm | 6:00 pm |
| | | Succession Season 3, Disc 2 (3 eps) | | | |
| Ch. 15 | 2:13 | The Creator | PG-13 | 1:30 pm | 6:00 pm |
| | 1:58 | Trading Places | R | | |
| Ch. 17* | Loop | Weeds Season 4, Disc 3 (4 eps) | TV-MA | 1:30 pm | 6:00 pm |
| | | Weeds Season 5, Disc 1 (5 eps) | | | |
| | | The Tudors Season 2, Disc 3 (3 eps) | | | |
| **Week 2** | **Run Time** | **April 12th – April 18th** | **Rating** | **Movie Start / Repeat Times** | |
| Ch. 14* | Loop | Game of Thrones Season 7.2, Disc 3-4 (2/2 eps) | TV-MA | 1:30 pm | 6:00 pm |
| | | Succession Season 3, Disc 3 (3 eps) | | | |
| Ch. 15 | 1:56 | A Thousand and One | R | 1:30 pm | 6:00 pm |
| | 1:49 | Elemental | PG | | |
| Ch. 17* | Loop | Chernobyl Disc 1 of 2 (3 eps) | TV-MA | 1:30 pm | 6:00 pm |
| | Loop | True Detective Season 2, Disc 1 (3 eps) | | | |
| **Week 3** | **Run Time** | **April 19th – April 25th** | **Rating** | **Movie Start / Repeat Times** | |
| Ch. 14* | Loop | Lost Season 1, Disc 1-2 (4 /4 eps) | TV-MA | 1:30 pm | 6:00 pm |
| | | Succession Season 4, Disc 1 (4 eps) | | | |
| Ch. 15 | 1:45 | The Marvels | PG-13 | 1:30 pm | 6:00 pm |
| | 1:56 | The Railway Man | R | | |
| Ch. 17* | Loop | Weeds 5, Disc 2-3 (4/4 eps) | TV-MA | 1:30 pm | 6:00 pm |
| | | The Tudors Season 2, Disc 4 (1 eps) | | | |
| **Week 4** | **Run Time** | **April 26th – May 2nd** | **Rating** | **Movie Start / Repeat Times** | |
| Ch. 14* | Loop | Lost Season 1, Disc 2-3 (4 /4 eps) | TV-MA | 1:30 pm | 6:00 pm |
| | | Succession Season 4, Disc 2 (3 eps) | | | |
| Ch. 15 | 2:13 | The Holdovers | R | 1:30 pm | 6:00 pm |
| | 2:03 | The Mexican | R | | |
| Ch. 17* | Loop | Chernobyl Disc 2 of 2 (2 eps) | TV-MA | 1:30 pm | 6:00 pm |
| | | True Detective Season 2, Disc 2 (3 eps) | | | |

**Closed Caption Schedule:**
All Movie Channels will be played in closed caption on a set schedule

**\* CH. 14 & CH. 17 ARE STRICTLY FOR IN CELL VIEWING ONLY AND ARE NOT TO BE SCHEDULED FOR DAYROOM AUDIENCE. SCHEDULING THESE CHANNELS FOR THE DAYROOM MAY LEAD TO DISCIPLINARY ACTION IF THIS DIRECTIVE IS VIOLATED! \***

# David Gilmore Concert
# March 15th, 2024 @ TRAC

The day after National PI Day (3.15), the TRAC kicked off with a concert by TRCI's most talented pianist, David Gilmore. He began the show in front of 50 AIC's and staff with some brilliantly assembled classical ballads by artists such as Bach, Chopin, Rachmaninoff, and Beethoven. Mr. Gilmore's latter half of the show graced us with his own personal mini-collection of instrumental songs themed around PI (3.14). This was David's first personal performance at TRCI, but some of you may have heard his accompaniment to our past theatre productions along with regular participation in religious services and band program. His virtuoso skill is a lost art in today's world as his unique playing turns back time, returning us to old classical sonatas. David hopes to perform more concerts for the institution in the future.

# Upcoming PSC & TRAC Events

- **Pinochle Championship:** April 3rd @ 2:15PM
- **PGA 2K23 Golf Tournament (Incentive level 3):** April 22nd
- **At-Cost Burger Meal (all incentive levels):** May 30th & 31st
- **3 on 3 Basketball Summer League (level 3):** June - August

PARADIGM SHIFT

## OREGON DEPARTMENT OF CORRECTIONS

### COVID-19 Vaccine and Booster Dose Update – March 2024

The COVID-19 virus is still present in our institutions and communities, and vaccines continue to be the safest and most effective way to protect from COVID-19 infection. The Centers for Disease Control and Prevention (CDC) has authorized another vaccine booster series for COVID-19. Health Services will be approaching all individuals to inquire if vaccination is desired. If you do not wish to be vaccinated, or receive boosters, you can opt-out.

COVID-19 Booster Vaccines will be offered to those patients that are 65 years of age and older, as well as to patients who may be immunocompromised. These patients should receive two doses of Spikevax (Moderna) 23-24 vaccine to be up to date in vaccines. If you are under 65 years of age, are not immunocompromised, and have already received your COVID-19 Spikevax (Moderna) 23-24 vaccine – you are up to date on your vaccines and do not need another. If you have not received your COVID-19 Spikevax (Moderna) 23-24 vaccine, and you want it, please send a kyte to medical to receive it.

If you have questions, contact your health care provider.

## ZIP CODE UPDATE

The Portland Post Office Headquarters wanted to let us know that we have a new Zip+4 that will go into full effect on the first of April.
It will help expedite "regular" letter size mail to the Institution.

Old Zip+4:  97882-9419
**NEW ZIP+4:  97882-9461**

# PSC Fundraiser Procedural Update

Due to recent changes in D.O.C. policies and procedures, the Paradigm Shift Club along with other clubs statewide are limited to 4 fundraisers annually and the items that may be offered. We are currently working with administration to determine what services we will be able to provide in the future. We are currently looking at offering more at-cost and direct donation events to the population. We appreciate your continued support for the club and your community and ask for your patience as we make this adjustment. We will keep you informed of new information as it becomes available.

Sincerely,

The Paradigm Shift Club

PARADIGM SHIFT

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*From the Administrative Rules Program:*

Below is the list of status changes made to DOC administrative rules since 2/26/2024.

## PROPOSED RULES:

### 291-005 Information Systems Access and Security
- Amends rule to better reflect and implement the direction of the agency, statewide standards, and industry modernization; improve consistency and clarity of the rules; further define and update process; update position titles and timelines; and establish guidelines around separation of duties, authorizing access, shared or group credentials, open user accounts, and physical security.
- Last day of comment period: 4/18/24 at 5:00 PM

### 291-105 Prohibited Conduct and Processing Disciplinary Actions
- Amends rule to standardize definitions of terms across Department of Corrections rules; adopt a definition for "digital currency"; and update misconduct violations (Violations Involving Property, Violations Against Persons) to address trends affecting the safety and security of our facilities.
- Last day of comment period: 4/18/24 at 5:00 PM
- Remote Public Hearing: 4/2/24 1:30PM – 2:30PM

### 291-202 Sex Offenders, Special Provisions
- Amends rule to incorporate changes in legislation per HB2549 (2013) and HB2520 (2015); to incorporate changes in practice or department philosophy (change "inmate" to "AIC" per HB 3146 (2019); to clarify terminology; to update definitions and statutory references or further define process; to expand exception authority within county community corrections agencies; and to perform technical corrections.
- Last day of comment period: 4/18/24 at 5:00 PM

# PSC Pool Tournament 2024



**Referee: Shawn Harris**



**TRCI Champion: Michael Blair (U11)**



**2nd Place: Brian Cole (U12)**

## February 12th, 2024







## February 26th, 2024











The inaugural TRCI Pool Tournament commenced on February 12th @ TRAC. The two-part tournament on February 12th and 26th included 16 participants for each event. Brian Cole was the February 12th winner who outlasted Sean Riggs and was then invited to play in the championship match on February 26th. He patiently waited in anticipation for the winner to advance in the final tournament. The final match was set, Brian Cole (U12) versus Michael Blair (U11). Each competitor had to win 4 consecutive games on their road to the championship. Blair started off hot, hitting multiple shots, until Cole stormed back to almost tie the game. Cole made a miraculous corner pocket shot that barely missed another ball blocking his path. Unfortunately, Cole came up short in the end, which allowed Blair back into the fold. Blair went on a run for the ages and sunk his last ball, setting himself up perfectly for the 8-ball, side pocket (bottom right picture).

# Garrett's Monthly Inspiration

MASTER THE 3'W MINDSET
You got to WANT IT
You got to WORK IT
You got to WIN IT

Know how bad you WANT it!

Because if you WANT it bad enough, you're going to WORK for it. If you do those two, you're going to WIN!!

TO:        All Adults in Custody

FROM:      Health Services

RE:        Electronic Health Records

DATE:      March 1, 2024


This month, we would like to share information about how your health information will be transferred to the new Electronic Health Records (EHR). An EHR is like a big computer file that stores all your health information in one place. A "scanner" is a copy machine that turns a paper document into an <u>electronic</u> file that is safely and securely stored. Electronic records are easily shared between your doctors, nurses, behavioral health, and dentists at the Oregon Department of Corrections (DOC) and can be accessed at the same time. This will help them work together, and with you, to make important decisions about your health. Your electronic health records can also be shared with your health providers outside of the DOC, such as an out-of-facility appointment, or upon your release.

Right now, paper medical records are stored in a blue medical chart. But soon, when you visit your DOC healthcare providers, you may start seeing both a blue medical chart and a new green medical chart. The blue chart holds the old paper records that have been scanned in preparation for the EHR, and the green chart contains any new paper records created until the EHR goes live. Eventually, all the paper records will also get scanned and loaded into the EHR.

Please remember that right now, you do not need to do anything different to request to be seen by Health Services. As this exciting project keeps moving forward, please know we will give you more updates through AIC newsletters and flyers.

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PARA:      Todos los adultos bajo custodia

DE:        Servicios de salud

ASUNTO:    Expedientes electrónicos de salud

FECHA:     1 de marzo de 2024


Este mes nos gustaría compartir información sobre la forma en que su información de salud será transferida a los nuevos Expedientes Electrónicos de Salud (EHR, por sus siglas en inglés). Un EHR es como un gran archivo de computadora que almacena toda su información de salud en un solo lugar. Un "escáner" es una máquina copiadora que convierte un documento en papel en un archivo <u>electrónico</u> que se almacena de forma segura y confiable. Los expedientes electrónicos se comparten fácilmente entre los doctores, enfermeros, especialistas de salud del comportamiento y dentistas en el Departamento Correccional de Oregon (DOC, por sus siglas en inglés) y se puede acceder a ellos al mismo tiempo. Esto les ayudará a trabajar juntos y, con usted, para tomar importantes decisiones para su salud. Sus expedientes electrónicos de salud también se pueden compartir con sus proveedores de servicios de salud fuera del DOC, como en una cita fuera del centro, o cuando se le libere.

Justo ahora, sus expedientes médicos en papel se almacenan en una carpeta médica azul. Pero pronto, cuando visite a sus proveedores de servicios de salud del DOC, podrá empezar a ver tanto la carpeta médica azul como una nueva carpeta médica verde. La carpeta azul tiene los expedientes en papel que se han escaneado en preparación para el EHR, y la carpeta verde contiene cualquier expediente en papel nuevo creado hasta que el EHR se ponga en marcha. En última instancia, todos los expedientes en papel también se escanearán y se cargarán al EHR.

Por favor, recuerde que ahora mismo no necesita hacer nada diferente para solicitar que le vean en Servicios de salud. Conforme este emocionante proyecto avanza, por favor, tenga en cuenta que le daremos más actualizaciones a través de los boletines de noticias y de los volantes de AIC.