

Coffee Talk

April 2024

Superintendent: N. Brown

Editor: J. Roy



What's New in the News at The Creek?

Ask Your Pharmacist Information Series

On Wednesday, May 8, 2024 there will be two 30-minute PowerPoint presentations on birth control pills prescribed by DOC. The first presentation will be in the Medium Chapel from 9:00-9:30am. The second will be held in the dining hall in minimum from 10:00-10:30am. After each presentation there will be a 10-minute question and answer time. A female pharmacist will be available to answer questions after the presentation if desired. Space is limited so please submit a kyte if you would like to attend. Please send kytes to CRU no later than Friday, May 3rd. **Please Note: This date/time selection was determined based on presenter and space availability. If you have a conflicting work or program assignment, you must have permission from your staff supervisor in order to miss work.**

TACE

News!!!

Through a Child's Eyes, (TACE), is right around the corner: August 10th for Minimum and August 11th Medium, which is coming sooner than you think. 😊

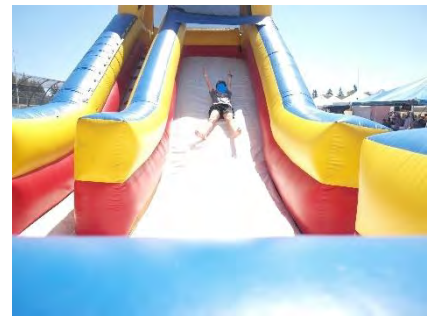
The Wilsonville Rotary Club has been sponsoring this annual event Coffee Creek since 2002. It is an

amazing opportunity for you to bond with your school-aged children in a fun, outdoor carnival environment.

Applications to participate have been placed on all housing units. Applications must be received by June 15th, so don't wait. If you put it in the mail on the 14th or 15th, you probably won't get in...



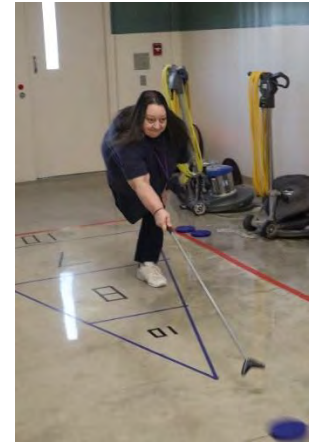
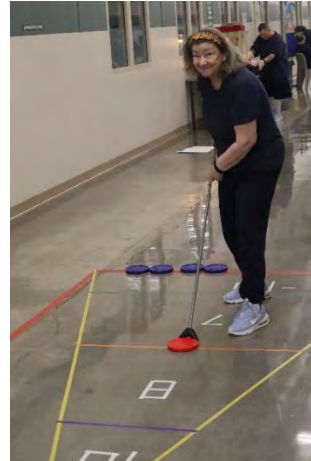
for
at



Intramural Sports Recap!

March saw our first ever Indoor Shuffleboard Tournament. What a blast!!!

42 teams faced off over two weekends of fierce competition! In the end, a pair of K Unit residents, Melissa Dubisar and Blake Perry, (team name: **2 Peas in a Pod**), emerged triumphant!!



These events are made possible through the hard work and determination of a core group of AICs who spend days and weeks of planning and organization to make it happen. Additionally, every single competitor brings value and fun to the event.

As the weather improves, we can look forward to our next, outdoor event.

Stay tuned, this summer's gonna be a HOT one! And I'm not talkin' about the weather y'all!!!

SET YOUR BUTTERFLIES FREE!

By Ruby Taylor, Plantago/Butterfly Liaison

Maybe you've seen the signs on the G/H yard asking that you not disturb the garden there and wondered: "What garden? There's nothing there but a bunch of weeds! And who are those people out there digging in the dirt, and why are they so protective of those weeds?"

But as Ralph Waldo Emerson said, "A weed is just a plant whose virtues we have not yet discovered."

In this case, that "weed" is called plantago, and the people tending it are the Plantago Team, one-half of the Taylor's Checkerspot Butterfly (TCB) Recovery Project. The other half of the team is the Butterfly Lab team. You may have seen them in the H Unit meeting room facing the yard, hard at work with their microscopes and forceps raising the larvae that will become butterflies. Together, working as one, they are striving to help save this cute little guy from extinction. The life-span of the Taylor's Checkerspot Butterfly is only about 1 year. It only lives as a butterfly for about 2 weeks.

And just like us, the Checkerspot Butterfly has its favorite food, which is—you guessed it—plantago! The plantago is also its nursery, where it lays its eggs for the next generation.

Why are we making such a fuss over one species of butterfly? Well, the Taylor’s Checkerspot’s habitat has shrunk over the years from 70 locations throughout the Pacific Northwest and Canada, to a mere 13, and only 2 of them in Oregon (both in the same county.) It was put on the Endangered Species Act list in 2001 when it was discovered that their habitat had shrunk so drastically. In 2005, the State of Washington declared that the Taylor’s Checkerspot Butterfly is “the rarest endemic butterfly in one of the rarest ecosystems in North America.”

There are a variety of reasons why we should be making the effort to save them from extinction, but for me the best one is that we humans are responsible for their decline and loss of habitat, through development, urban growth and recreation, through overuse of pesticides and herbicides, and through our contribution to climate change.

Shouldn’t we then show some responsibility for trying to save them?

Those of us fortunate enough to work on this project love the butterflies and love helping them to survive and flourish. As one Plantago Team member said, “I have learned and taken so much from plantago in the last few years. I look forward to this year with them. I appreciate being able to participate in this so much, and all the helpful crew I work with. It’s truly amazing! Thank you!”

We wish you could all be part of this experience. Sadly, that’s not possible, but you can help by not walking in the garden or picking any of the plants there. Everything we’ve planted has a purpose in helping to ensure a steady supply of nutritious food for growing young caterpillars. You can also help by not disturbing their hibernation boxes located next to the phones on G/H yard.

By helping us this way, know that you are actually doing your part to save this beautiful butterfly.

WE THANK YOU AND THE TAYLOR’S CHECKERSPOT THANKS YOU!

By the way, do you know what a group of butterflies is called? A “kaleidoscope!” How cool is that?!

PLANTAGO WORD SEARCH

O	G	E	T	N	A	L	P	R	V	D	O	A	L	P
R	G	R	B	M	L	Z	P	T	N	R	V	P	O	Z
E	E	B	O	G	A	T	J	M	T	O	E	G	L	A
O	O	P	Y	O	T	X	L	A	O	P	Y	M	Q	X
D	V	E	R	X	R	Q	M	P	Y	R	O	V	J	P
O	P	Z	C	O	A	E	Z	O	Z	M	D	N	Z	I
B	D	V	T	R	D	A	G	P	S	T	C	Q	A	V
C	A	U	V	E	B	U	D	T	E	A	C	U	P	G
M	Z	A	C	G	T	O	C	Y	R	E	D	A	I	A
L	E	G	S	I	N	X	J	I	U	G	Z	J	V	Z
E	Y	J	J	V	E	Q	A	C	V	M	N	Q	Z	B
A	C	O	N	A	Y	E	L	Y	S	E	E	D	S	S
E	F	B	D	A	S	Z	V	T	R	O	O	T	S	N
S	H	J	N	Q	A	J	C	X	E	J	A	H	E	F
Z	B	L	E	B	V	T	T	E	R	F	L	Y	O	M

TEACUP BUTTERFLY EYES LEAVES LEGS OVEY PLANTAGO SEEDS REPRODUCTIVE SYSTEM ROOTS

What is LOCC and

What Has It Done for Me Lately?



In recent weeks, LOCC members have been hearing questions around the facility:

What *is* LOCC?

What have you done so far?

What are your future plans? And,

What does LOCC do *for me*?

Glad you asked! Because we pride ourselves on transparency, integrity, and open, honest communication, we're happy to share our vision with you. It can be summed up in our club's mission statement:

"The mission of LOCC is to support the lifer's community while advocating for quality of life improvements for all Coffee Creek residents and rebuilding public trust and credibility."

LOCC'S NUMBER ONE
PRIORITY IS TO SUPPORT ITS
CLUB MEMBERS.

LOCC's number one priority is to support its club members. **Who can join LOCC? Any AIC who was sentenced to 15 years or more.** We support our valued members mainly through political activism, advocating for improved conditions and through member education.

Each month, we have a business meeting, affectionately known as political "fight club."

...but we can talk about *this* fight club.

We have hosted guest speakers, such as our Ombudsman, our Gender Response Analyst, speakers on Sustainability and Grant Writing, a State Representative, two attorneys with OJRC, an Administration Representative for Transitional Services and two experts in human trafficking.

We have also hosted a workshop with the Grievance Coordinator on how to write effective DOC Grievances. Since our members attended this workshop, *almost* ALL of our grievances have been accepted!



We also host a monthly club game night and a monthly movie night with snacks.

With our fundraising events, we are self-supporting. **There are no membership dues!** As a sanctioned club, we may have four fundraisers per fiscal year, approved at-cost events and an annual banquet for our members and their guests.

LOCC's second priority is finding ways to make life better for *all of the residents* here at Coffee Creek. We do this in ways most never see, behind the scenes, interacting with staff and

LOCC'S SECOND PRIORITY IS
FINDING WAYS TO MAKE LIFE
BETTER FOR ALL OF CCCF'S
RESIDENTS

administration, with OJRC and with GIPA to address issues important to AICs:

- Reclaiming space for AIC use
- Building an outdoor amphitheater for summer events
- A parole board preparation program
- Working with Transition Services to provide releasing women with an outreach program to prevent trafficking
- Improvements to house TV channels
- Decibel reduction advocacy
- Americans with Disabilities advocacy
- Environmental enrichment

We believe that if we attend to the first two priorities correctly, the third priority, to restore public trust and credibility, will take care of itself.

OUR THIRD PRIORITY: TO RESTORE PUBLIC TRUST AND CREDIBILITY.

LOCC is resulting in knowledgeable and empowered leaders in our community, equipped to carry out our mission.

We are still a very young club. Our Constitution was signed, making us a sanctioned club, just over a year ago.

For comparison, *Lifers Unlimited Club* at OSP has been in operation since 1969!

LOCC is the first AIC lead, sanctioned club *ever* in the history of the female corrections division in Oregon. The fight for equality and parity with other DOC facilities has taken years, and the victory was not easily won.

We are proud of this accomplishment. Our club is tenacious, persistent, and dedicated to achieving our goals. **We will not**

quit. Ever.

Though we were the first sanctioned club, we do not want to be the last. If you have ideas, or belong to a group that you feel deserves representation, please contact us. We would be happy to help!



If you were sentenced to 15 years or more and are interested in checking out a LOCC meeting, kyte to be put on the call out:

Lifeskills, Attention: LOCC to request a Membership Package



Just a reminder:

We have guitars!



General		Body	
Model	OMEN-6	Guitar Colors	Gloss Black
Item Number	2060	Hardware Color	Black Chrome
Color Shown	Gloss Black	Top Contour	Arched Top
Neck		Dexterity	Right Handed
Tuners	Schecter	Construction	Bolt-on
Fretboard Material	Rosewood	Body Material	Basswood
Neck Material	Maple	Binding	Ivory 1-ply
Inlays	Perloid Semi-Goth	Bridge	Tune-O-matic w/String Thru Body
Scale	25.5" 648mm	Electronics	
Neck Shape	Thin "C"	Controls	Volume/Tone/3-Way Switch
Thickness	@ 1st Fret-.787" (20mm)/ @ 12th Fret-.866" (22mm)	Bridge Pickup	Schecter Diamond Plus
Frets	24 X-Jumbo	Neck Pickup	Schecter Diamond Plus
Fretboard Radius	14" (355mm)	Accessories	
Nut	Graph Tech XL Black Tusq	Knobs	Metal Knurled w/Set Screw
Nut Width	1.653" (42mm)	Strings	Ernie Ball Regular Slinky #2221 (.010-.046)
Truss Rod	2-Way Adjustable Rod w/32" (4mm) Allen Nut	Case	1620 SGR-1C C-Shape Hardcase

Right Hand Guitar Package Package - \$576.61

Left Hand Guitar Package Package - \$607.17

Thank you,
Commissary

Life Skills - Life Coach Program "Good Bye Letter"

The way you used to make me fly,
You made me feel so high,
Ever since the 1st day I,
Thought I'd have a little try,
You crept within my skin to hide,
You made me laugh, you've made me cry,
When I try to look through my daughter's eye,
All I see now are black skies,
My words so filled with lies,
I'm so high I want to cry
I'm so emotional I feel bone dry.

Now I need to say good-bye,
To letting my life, blow on by,
I don't want my family in black ties,
With swollen eyes, asking why, oh why!
Did I have to die,
Or better yet why did I ever get high,
So now I say good-bye,
To a life so horrified,
To the need to be in toxified,
To my love of getting high,
No longer will I let my life pass on by.

Now I start to detoxify,
I want to be reunified,
With my kids, my loves, my sweetie pies!
I've started to identify,
The problem I have to oversimplify,
The drugs intense lullaby,
In the past I glorified,
The life I lived just to survive,
The need to stay high.

But now I know how to thrive,
No longer living a lie,
Now all I see are blue skies,
I'm rebuilding my life, I will survive,
To forever have my kids by my side,
I know now I can thrive,
In my new life without getting high.

-Nicole Acosta
26894675

A Puzzling Proposition...

Lifeskills is looking to put together a team of committed puzzlers for a short-term project, involving sorting and categorizing our stock of unit puzzles. Duties would include the assembly of puzzles, noting their condition, and writing a brief report on each.

Must be able to complete six puzzles a month, individually or with the other puzzlers on your unit. If you are interested in being a part of this project, please send a kyte to: **Lifeskills – Puzzle Team**.

If you have previously been on the Puzzle Team, and want to remain on, please re-kyte to express your interest.



Continuing Education

If you're looking for rehabilitation courses and have already finished all the ones available to you at Coffee Creek, you may want to take a look at the American Community Corrections Institute. ACCI Lifeskills offers cognitive life skills courses that are designed to help people overcome their self-defeating thoughts and behaviors. Their correspondence courses are offered through the mail, and may satisfy court or other requirements with their nationally recognized, evidence-based curriculum.

Courses offered include:

- Anger Management
- Cognitive Awareness
- Contentious Relationships
- Driving Under The Influence
- Domestic Violence
- Employment
- Marijuana Awareness

Offender Corrections
Offender Responsibility
Parenting
Substance Abuse
Theft/Shoplifting

For more information about their courses, you can mail a request for information to:

ACCI – CF

1675 N. Freedom Blvd. Suite 5B

Provo, UT 84604

Minimum Presents:

OUR FIRST ART CLASS

By April Kruesi



Names of the participants from left to right; Lindsey Kruesi, Candic Linton, Bobbi Fleetwood, Sharena Miller and Robin Wilson (not in photo).

WE see you!

The class was a successful and amazing experience! Lots of laughs, lots of shading and a whole lot of empowerment. The class ran for 2 months; starting from the basics of “how to hold a pencil” to “the illusion of depth and light” and everything in between. The art class was led by April Kruesi and featured 5 wonderful new artists! We absolutely look forward to the next class and many more after that!



(artwork by Bobbi Fleetwood)

“Thanks to April Kruesi, the 2023 Art Class instructor, I’m able to draw with more dimension than ever before. Anyone wanting to take this class will learn the fundamentals required to take their art to the next level. Thanks again!”

-Bobbi Fleetwood



(artwork by Lindsey Kruesi)

“When I took the first Art Class in mini I learned so much more than I ever expected. I’d like to thank my instructor April Kruesi for opening my eyes to color, shading, light structure, and depth perception, all while learning how to make a picture come to life. I also learned how to use different art pencils! We had a great class. I recommend taking this class to anyone who wants the art experience.’

-Lindsey Kruesi



(artwork by Shareena Miller)

“I’d like to thank my teacher, April Kruesi. She took the time out of her weeks to be able to teach us art. I appreciate the Life Skills team for making these opportunities for us. Thank you for helping me learn to be a better artist and hopefully others will be able to have the same experience as I did.”

-Shareena

Miller



(artwork by Candice Linton)

“I took April Kruesi’s 2023 art class and I’m so excited what I learned I can do! She helped me find my artist side. I draw a lot more now and I love to do it!”

-Candice Linton

**Great Job everyone! Your final projects turned out
AMAZING!**

CRAFT PROGRAM REMINDERS

You CAN order:

Black pens
Spring(click) pens
Glue sticks
Paints (**must be water soluble**)
Paint brushes (**Handles no more than 6" long**)
PLASTIC magnifying glasses
Diamond dot kits (**No metal stylus**)

You CAN NOT order:

Any project that has a wooden frame (i.e. canvas mounted on a wooden frame)
Metal items over 2" in diameter (i.e. jewelry accessories)
Embroidery hoops over 6" in diameter
BOSS bead bags
Quilted tote bags (if one comes in you will be required to send it out)

**PLEASE SEE YOUR CRAFT PACKET OR KYTE JODY GONZALEZ IN LIFESKILLS FOR MORE
CLARIFICATION.**

So I heard you took some photographs...

Now what?

If you took photographs as part of a scheduled photo session on your unit or in visiting, you will receive your photographs a few days after the CD28 clears at the Business Office and is returned to us.

If you took photographs as part of an event, those photographs **may** be available for purchase. Kyte Lifeskills asking if they are available and if you can be scheduled to come into the office and view the thumbnails.

If you took photographs as part of a graduation or similar event, you can send a kyte to Lifeskills asking to be put on the callout to view thumbnails. You can receive one free photo of you holding your certificate, and one free group photo that you are in. You must order these photos to receive them; **they will not be automatically sent to you**. These free photos come only in 4 x 6" size.

Enjoy your photographs!

from the desk of the Lifeskills Photography Clerk



From Health Services:

The Pharmacy & Therapeutics Committee recently met to review the use of boric acid as a medical agent in the treatment of vaginosis. It was decided that other medications such as metronidazole or clindamycin are more effective, and that using boric acid for vaginosis is an outdated practice. The committee decided to stop prescribing boric acid. Metronidazole and clindamycin are already available and should be used in place of boric acid to treat vaginosis. Although there is no harm in continuing to use your existing medication of boric acid, no new prescription orders will be given. Refills of current prescriptions will be allowed until April 1, 2024. If you have questions about this change, you are welcome to speak with your medical provider.

What is blood pressure?

Blood pressure is the pressure of blood pushing against the walls of your arteries. Arteries carry blood from your heart to other parts of your body. Your blood pressure normally rises and falls throughout the day. Blood pressure is measured using two numbers: The first number, called *systolic* blood pressure, measures the pressure in your arteries when your heart beats. The second number, called *diastolic* blood pressure, measures the pressure in your arteries when your heart rests between beats.

What is high blood pressure (hypertension)?

High blood pressure, also called hypertension, is blood pressure that is higher than normal. Having a blood pressure that measures consistently above normal may result in a diagnosis of high blood pressure (or hypertension). The higher your blood pressure levels, the more risk you have for other health problems, such as heart disease, heart attack, and stroke. If you are diagnosed with high blood pressure, talk with health services about your blood pressure levels.

High blood pressure usually has **NO** warning signs or symptoms, and many people do not know they have it. Measuring your blood pressure is the only way to know whether you have high blood pressure.

What causes high blood pressure?

High blood pressure usually develops over time. It can happen because of unhealthy lifestyle choices, such as not getting enough regular physical activity. Certain health conditions, such as diabetes and being overweight, can also increase the risk for developing high blood pressure. High blood pressure can also happen during pregnancy.

What problems does high blood pressure cause?

High blood pressure can damage your health in many ways. It can seriously hurt important organs like your heart, brain, kidneys, and eyes. The good news is that, in most cases, you can manage your blood pressure to lower your risk for serious health problems. These health problems include heart attack, heart disease, stroke, and kidney disease.

How do I know if I have high blood pressure?

Talk with health services about regularly measuring your blood pressure with each clinic visit. High blood pressure is called the “silent killer” because it usually has no warning signs or symptoms, and many people do not know they have it.

What can I do to prevent or manage high blood pressure?

Many people with high blood pressure can lower their blood pressure consistently to a healthy range by making **lifestyle changes**: Getting at least 150 minutes of physical activity each week (about 30 minutes a day, 5 days a week), not smoking, eating a healthy diet, including limiting sodium (salt) and alcohol, keeping a healthy weight, and managing stress. In addition to making positive lifestyle changes, you may need to **take medicine** to manage your blood pressure. Talk with health services if you think you have high blood pressure or if you’ve been told you have high blood pressure but do not have it under control.



COVID-19 Vaccine and Booster Dose Update – March 2024

The COVID-19 virus is still present in our institutions and communities, and vaccines continue to be the safest and most effective way to protect from COVID-19 infection. The Centers for Disease Control and Prevention (CDC) has authorized another vaccine booster series for COVID-19. Health Services will be approaching all individuals to inquire if vaccination is desired. If you do not wish to be vaccinated, or receive boosters, you can opt-out.

COVID-19 Booster Vaccines will be offered to those patients that are 65 years of age and older, as well as to patients who may be immunocompromised. These patients should receive two doses of Spikevax (Moderna) 23-24 vaccine to be up to date in vaccines. If you are under 65 years of age, are not immunocompromised, and have already received your COVID-19 Spikevax (Moderna) 23-24 vaccine – you are up to date on your vaccines and do not need another. If you have not received your COVID-19 Spikevax (Moderna) 23-24 vaccine, and you want it, please send a kyte to medical to receive it.

If you have questions, contact your health care provider.



QPR Suicide Prevention Classes Are Now Available @CCCM

QPR is an emergency mental health intervention for suicidal persons created in 1995 by Paul Quinnet. AIC's will be trained how to recognize the warning signs of a person who may be experiencing mental or emotional stressors and how to Question, Persuade, and Refer them to help.

**This class will be held in D5 on Saturday from
2:30 – 3:30 pm.**

Class size is limited to 12 AIC's at a time. All Incentive levels are welcome to participate in this class *except* AIC's on LOP status. Please send a kyte* if you are interested in attending a QPR Class to:

Life Coach Program/CRU

*Kytes will be processed in the order that they are received and a waitlist will be created when the available number of spots are filled. Please check your callouts weekly.



Financial Services

Informational Briefing

Adult in Custody (AIC) 2024 Tax Information

The Department of Corrections (DOC) will not provide federal or state tax forms to AICs.

- AICs may write or call the Internal Revenue Service (IRS) or Oregon Department of Revenue to request tax forms.
- AICs may elect to reach out to their friends and family to request they send tax forms in through the mail. All incoming mail is subject to the Departments rule on mail, 291-131-0025.
- DOC staff / legal assistants are not authorized to provide tax advice or status updates on filings to AICs.
- AICs may appoint a qualified and trusted person as their power of attorney (POA) to assist with the tax filing process. POA forms can be obtained by submitting a Library Request form (CD1714).

State and Federal taxes due date:
April 15th, 2024

AICs will need to use their own pre-addressed postage paid envelope for tax correspondence and filings.

Oregon Department of Treasury Tax Forms Requests	Internal Revenue Service Tax Forms Requests
Department of Revenue P.O. Box 14999 Salem, OR	Department of Treasury Internal Revenue Service Ogden, UT 84201-0002
800-356-4222	800-829-3676

Questions?

AICs may submit an AIC Communication form to Business Services (electronic communication option preferred & available on the tablet). Friends and Family may submit questions to dldoctrustinfo@doc.oregon.gov.



Financial Services

Informational Briefing

AIC Debt and Obligation Information

Debt / Obligation Type	Collection Schedule	Additional Information
Court Ordered Financial Obligation (COFO)	<ul style="list-style-type: none"> Collected from eligible deposits per ORS 423.105 10% collected for COFO(s) from eligible deposits until the transitional savings trust account reaches \$500 Then, 15% collected for COFO(s) from eligible deposits until obligation(s) are satisfied 	<ul style="list-style-type: none"> The department does not have case-specific information regarding COFOs; AICs are encouraged to contact the court of record regarding their COFO details COFOs are not the same as County and US Court filing fees. Examples of COFOs are restitution, fines, fees, & child support COFOs will continue to collect during the Holiday Buying Period
<p>Note: Although the transitional savings trust account is considered an obligation, funds collected are owned by the AIC. Per ORS 423.105, 5% will be collected from eligible deposits and placed into the transitional savings trust account. Funds in the transitional savings trust account are not available until the AIC releases from ODOC custody.</p>		
DOC Debt	<ul style="list-style-type: none"> Collected from eligible deposits Additionally, collections shall occur the last business day of the month per OAR 291 Div. 158 if funds are available 	<ul style="list-style-type: none"> DOC debt includes but is not limited to debt incurred from various disciplinary fines, copy, and postage advances DOC debt is due upon receipt; if/when funds are not available; funds are advanced and set-up as debt Monthly, AICs may spend up to \$40 of the first \$80 deposited into general spending DOC Debt may be suspended during the Holiday Buying Period unless a new disciplinary fee is applied
County Court Deferred Filing Fee Obligation	<ul style="list-style-type: none"> Collected as funds become available Multiple collections may occur throughout the month Additionally, collections shall occur the last business day of the month 	<ul style="list-style-type: none"> County obligations refer to deferred county filing fees These obligations are incurred when an AIC <i>elects</i> to file with the court and the court approves a deferred filing fee County Court fees will continue to collect during the Holiday Buying Period
Initial Federal / US Court Filing Fee Obligation	<ul style="list-style-type: none"> Collected as funds become available Multiple collections may occur throughout the month Additionally, collections shall occur the last business day of the month 	<ul style="list-style-type: none"> Initial Filing fees can be collected in total and are due upon receipt These obligations are incurred when an AIC <i>elects</i> to file with the court and the court approves a deferred filing fee Initial Federal/US Court filing fees will continue to collect during the Holiday Buying Period
Federal / US Court Deferred Filing Fee Obligation	<ul style="list-style-type: none"> Collected around the beginning of the month 	<ul style="list-style-type: none"> General filing fee collection amount determined by the previous month's deposit(s) 20% of previous months deposits multiplied by the number of cases is deemed collectable Federal/US Court Deferred filing fees will continue to collect during the Holiday Buying Period

Note: Debt / Obligation types appear in order of collection priority. ODOC will comply with garnishment orders upon receipt.

02/03/2023



COFFEE CREEK CORRECTIONAL FACILITY

MS. APRIL
FAMILY ADVOCATE

MEDIUM ONLY

KYTE FOR SERVICES – NO DROP INS
APPLICATIONS AVAILABLE IN THE LAW LIBRARY
PREFERENCE TO OPEN DHS CASES

The purpose of the Family Advocate is to provide advocacy to adults in custody looking to build positive and meaningful involvement in their children's lives.

The Family Advocate works as a liaison for AIC's involved with DHS or other juvenile systems and offers support through difficulties involving custody, parenting time, and/or caregiver relations regarding their minor children.

MS. APRIL, FAMILY ADVOCATE, CCCF



The Dolly Parton Imagination Library has arrived at CCCF!

Wilsonville Imagination Library is part of Dolly Parton's Imagination Library. This program is being sponsored by Wilsonville Public Library Foundation.



Dolly Parton's Imagination Library is an international **book gifting program that mails free high-quality books monthly** to children from **birth to age five** regardless of family income **at no cost** to the parent/guardian/stepparent. Studies show that children who are read to and who read at an early age are better prepared for school. Having books in the home helps support reading and better prepares children for lifelong learning.

Eligibility:

- You must be the parent, stepparent, or legal guardian of the child.
- Any children signed up must be under the age of 5 years.

If their 5th birthday is within 1 month of signing up, it is possible they will not be able to receive a book before turning five.

You will need to know the child's mailing address.

Enrollment:

1. Kyte the Library to get an application.
2. Kyte completed applications to the library or put them in the Library drop box.
Do Not Mail completed applications. CCCF library staff will handle getting them to the Wilsonville Library.

If you have questions about this program or eligibility, please kyte the Library and be sure to refer to Imagination Library.



AIC Newsletter Article – 2022

Prison Rape Elimination Act (PREA Information)

The Oregon Department of Corrections (ODOC) has a zero tolerance policy for sexual abuse, sexual harassment and for retaliation for reporting an incident. You may report in person to any staff, through an AIC communication, through the grievance system, by calling the PREA hotline by making a language selection, then dialing 91 from any AIC phone.

Filing an Anonymous PREA Report

If you are uneasy about filing a PREA allegation, you may file an anonymous report with an outside agency.

You may write to:

Governor's Constituent Services Office
900 Court Street NE, Suite 254
Salem, Oregon 97301

Please indicate in the beginning of your letter you are filing a PREA allegation and you are requesting to remain anonymous. The Governor's Office will refer all anonymous allegations to the DOC PREA Coordinator to assure an investigation is completed based off the information that is provided.

Opposite Gender Viewing/Announcements

Opposite gender staff announcement themselves when entering a housing unit by ringing a bell. This must be done any time the status quo of the gender supervision on a housing unit changes (if there is already an opposite gender staff on the unit then there is not needed to re-announce). When you hear the doorbell, opposite gender staff will be entering the housing unit so please make sure you are covered up appropriately.

It is also important you undress in the appropriate locations. If you are located in a bunk area, there are cameras throughout the facility so the designated changing/bathroom areas are the only areas you should be without undergarments. Opposite gender viewing may happen incidentally when staff are conducting routine cell checks. You can minimize this by keeping aware of the gender of supervision in your housing unit and ensuring you cover up when possible.

Community-Based PREA Advocacy (Support) Program

ODOC has partnered with community based, confidential advocates of sexual abuse victims to provide services to AICs. AICs at ODOC who have experienced sexual abuse may reach a community-based advocate by making a language selection, entering your AIC PIN, then press 0*711 AIC telephone systems, or may request a private call through the PREA Compliance Manager at the facility. Advocates provide victims of sexual abuse information about their options, resources, information and emotional support. There is no charge for calls to advocates.

The community-based advocacy crisis line is for individuals needing assistance coping with sexual abuse related issues and should not be used for other purposes.

Telephone calls and mail with community-based advocacy centers is considered privileged communication and will be handled similar to legal calls/official mail. All advocacy calls are not monitored or recorded.

Advocates provide confidential support and crisis intervention, inform you about the investigation and medical examination process, educate you about healing from sexual abuse and offer resources and referrals

Advocates will not tell you what to do, communicate with the institution unless you request them to do so and sign a release and will not provide legal advice.

Community-based advocacy centers provide sexual abuse support to people of all genders. Community-based advocates will not report unless you request them to do so and if you sign a release of information.

Just Detention International Headquarters is a national advocacy resource and can be reached at:

3325 Wilshire Blvd., Suite 340
Los Angeles, CA 90010

If you have any other questions regarding PREA, you may ask any staff member, write the PREA Compliance Manager at your institution, or you may write:

E. Sage, PREA Coordinator

Oregon Department of Corrections

2575 Center St.NE

Salem, Oregon 97301

February 22, 2022



Artículo Boletín AIC – 2022

Ley de Eliminación de Violaciones en Prisión (Información PREA)

El Departamento Correccional de Oregon (ODOC) tiene cero tolerancias para el abuso sexual, el acoso sexual, y las represalias por denunciar un incidente. Puede informar en persona a cualquier miembro personal a través de una comunicación de AIC (adulto bajo custodia) o a través del sistema de quejas. Puede llamar a la línea directa de PREA, seleccionar el idioma y luego marcar 91 de cualquier teléfono de AIC.

Presentación de un informe PREA anónimo

Si no está seguro de presentar una acusación ante PREA, puede presentar un informe anónimo con una agencia externa.

Puede escribir a:

Governor's Constituent Services Office

900 Court Street NE, Suite 254

Salem, Oregon 97301

Por favor indique al comienzo de su carta, que está presentando una denuncia ante PREA y quiere permanecer anónimo. La Oficina del Gobernador remitirá todas las denuncias anónimas al Coordinador de PREA para garantizar que se complete una investigación basada en la información proporcionada.

Visualización/Anuncios de género opuesto

El personal del género opuesto se anunciará cuando ingresa a una unidad de vivienda, tocando un timbre. Esto debe hacerse cada vez que cambie el statu quo de la supervisión de género en una unidad de vivienda (si ya hay un miembro del personal del sexo opuesto en la unidad, entonces no es necesario volver a anunciar). Cuando escuche el timbre, el personal del sexo opuesto estará ingresando a la unidad de vivienda, así que asegúrese de estar cubierto adecuadamente.

También es importante que se desnude en los lugares apropiados. Si se encuentra en un área de literas, hay cámaras en toda la instalación. Existen áreas designadas para cambiarse, el baño es la única área en la que puede estar sin ropa interior. La visualización de sexo opuesto puede ocurrir incidentalmente cuando el personal realiza controles de celda de rutina. Puede minimizar esto siendo consciente del género de la supervisión en su unidad de vivienda y asegurándose de cubrirse cuando sea posible.

Programa de defensa (apoyo) basado en la comunidad PREA

ODOC se ha asociado con defensores confidenciales basados en la comunidad de víctimas de abuso sexual para brindar servicios a los AIC.

Los AIC en ODOC que han pasado por abuso sexual pueden comunicarse con un defensor comunitario seleccionando un idioma, ingresando su PIN de AIC, luego presionando 0*711 sistemas telefónicos. También pueden solicitar una llamada privada a través del Gerente de Cumplimiento de PREA en la instalación. Los defensores brindan a las víctimas de abuso sexual información sobre sus opciones, recursos, y apoyo emocional. No hay ningún cargo por las llamadas a los defensores.

La línea de crisis de defensa basada en la comunidad es para personas que necesitan ayuda acerca de los problemas relacionados con el abuso sexual y no debe usarse para otros fines.

Las llamadas telefónicas y el correo con los centros de defensa basados en la comunidad se consideran comunicaciones privilegiadas y se manejarán de manera similar a las llamadas legales/correo oficial. Todas las llamadas de defensa no son monitoreadas ni grabadas.

Los defensores brindan apoyo confidencial e intervención en crisis, le informaran sobre la investigación y el proceso del examen médico, lo educaran sobre cómo curarse del abuso sexual y ofrecen recursos y referencias.

Los defensores no le dirán qué hacer, no se comunicarán con la institución a menos de que usted les solicite que lo hagan y firmen un comunicado. No le brindarán asesoramiento legal.

Los centros de defensa basados en la comunidad brindaran apoyo en caso de abuso sexual a personas de todos los géneros.

Los defensores comunitarios no informarán a nadie a menos de que usted les solicite que lo hagan y si usted firma una divulgación de información.

La sede internacional de Just Detención (Just Detention International Headquarters) es un recurso de defensa nacional y se puede contactar en:

3325 Wilshire Blvd., Suite 340

Los Angeles, CA 90010

Si tiene cualquier pregunta sobre PREA, puede preguntarle a un miembro del personal, escribir al Gerente de Cumplimiento de PREA en su institución, o puede escribir a:

E. Sage, PREA Coordinator

Oregon Department of Corrections

2575 Center St.NE

Salem, Oregon 97301

Febrero 22, 2022



Are you interested in Head Start?

Is your child 5 years old or younger?

Does your child live within one hour of CCCF?

Are you available Tuesday and Thursday mornings?

Is your child's caregiver able to transport?

Are you gate cleared?

You may qualify to participate in Head Start!

Head Start at Coffee Creek is a program focused on strengthening the mother/child bond during incarceration. Head Start provides comprehensive early childhood education, health, and nutrition information to families. If interested, please send a KYTE to **Head Start**.



...Help Wanted...



Lifeskills is looking for Photographers!!

Do you have a passion for Photography?

Do you enjoy interacting with your peers in a positive environment?

Do you like meeting new people from all walks of life?

Are you an incentive level 2 or 3 with at least 6 months of clear conduct?

Do you live on C, D, or J unit?

If you can answer “yes” to all these questions, then we have a spot waiting just for you!

Send your completed applications to Lifeskills. We look forward to hearing from you!



Join our infirmery team.

Are you looking for a challenge? Are you a kind, caring, compassionate person? Are you looking for a way to help others and give back? Are you respectful and responsible? CCCF Health Services is currently accepting applications for Activities of Daily Living (ADL) Worker positions. ADL's assist others with day-to-day activities like walking or pushing a wheelchair, dressing, feeding, etc. that some AICs may not be able to do on their own and require assistance.

MINIMUM QUALIFICATIONS:

- Must have 6 months clear conduct with no program failures in the last 6 months.
- At least one year remaining on sentence.

- Capable of lifting and have no medical restrictions.
- Must have the ability to be patient/tolerant/respectful of others.
- Must keep all information confidential.
- Must establish good healthy boundaries in a respectful manner.
- Must have the ability to communicate well with others.
- Be able to recognize changes in health/mental condition and report those changes to staff promptly.

Please fill out an application and drop in the Health Services kyte box addressed to Nurse Hyde. Interviews will be scheduled once a background screening has been completed.

Clinic Orderly WANTED

Are you looking for something new? Are you respectful and responsible? CCCF Health Services is currently accepting applications for Clinic Orderly positions. Duties include cleaning of main clinic, waiting areas, staff break room, and any assigned task within health services.

In order to be considered for these positions you must be housed in the medium facility, been at Coffee Creek for at least 6 months and have clear conduct and no program failures within the last 6 months. You must also have at least one year remaining on your sentence and be physically able to lift with no medical restrictions. We are looking for individuals who communicate well with others, are patient, and respect the need for confidentiality. If you are interested in applying, pick up and complete an AIC Work Application on your unit. Address your completed application to Health Services Nurse Manager and submit by placing in Health Services kyte box on your unit. Applications received will be screened by Work Programs (IWP). Applicants who meet the minimum qualifications may be scheduled and called out for an interview.

Thank for your interest.

Looking for Hospice Volunteers!

Coffee Creek's Hospice Committee is looking for new volunteers. We are searching for kind, caring, compassionate individuals who want to help make a difference in someone's life. Hospice Volunteers help provide comfort and support to inmates who have a serious illness. This is strictly a volunteer, not paid, position and sometimes requires around the clock support at all hours of the day and night. To be considered, you must have: 5 years remaining on your sentence, 1 year of clear conduct/no program fails, and be approved through a screening process. If you are selected as a volunteer, there is a minimum of 30 hours of training required.

If you are interested in a Hospice Volunteer position, please fill out an application to the Health Services Hospice Committee and place it in the Health Services kyte box no later than April 5th, 2024. After applications are screened, Health Services will schedule approved candidates for interviews.

Thanks for your interest. – Health Services

Minimum Physical Plant Painter’s Assistant

Work Assignment Description

Title Outside Painter Assistant
Department(s) Minimum Physical Plant
Reports to Mr. Greenman



Summary

Under the direction of Mr. Greenman (Painter) you will perform a wide variety of tasks and duties including structural painting, sheetrock repair, prep work before painting, general maintenance and repair of painting equipment and supplies, and may assist other trades as needed.

Minimum requirements

You **must be gate cleared**. Must have been at Coffee Creek at least 6 months with clear conduct. Variances for less than 6 months clear conduct will not be considered. Verbal warnings, conduct orders, and housing history will be reviewed but is not necessarily a disqualifier from consideration. Must have high school diploma or GED

Abilities required

Working in extreme temperatures-hot and cold. Working around loud equipment. Requires frequent bending, standing, walking. This position requires the use of various hand and power tools. Requires lifting up to but not limited to 50 pounds.

Disclaimer

Physical Plant staff will use this recruitment not only to fill current openings, but also for future consideration as needed.

The above statements are intended to describe the general nature and level of work being performed by people assigned to this classification. They are not to be construed as an exhaustive list of all responsibilities, duties, and skills required of personnel so classified. All personnel may be required to perform duties outside of their normal responsibilities from time to time, as needed.

APPLICATION INFORMATION	
Job code	3Physical Plant
Generic title	Painter Assistant

Point level	14 points per day to start
Apply to	IWP Office
Application Deadline	April 6, 2024 Good Luck!



**BERNAT® HANDICRAFTER COTTON
MARKET BAG (TO CROCHET) #494
MEASUREMENTS**

Approx 20 ins [51 cm] long excluding handles.

MATERIALS

Bernat® Handicrafter Cotton
(50 g/1.75 oz; 73 m/80 yds)
13712 (Hot Green) **4 balls**

Size 5 mm (U.S. H or 8) crochet hook **or size needed to
obtain gauge.**

GAUGE

13 sc and 14 rows = 4 ins [10 cm].

INSTRUCTIONS

Body: Ch 39.

1st row: (RS). 1 sc in 2nd ch from hook. 1 sc in each ch to end of ch. 38 sc. Turn.

2nd to 4th rows: Ch 1. 1 sc in each sc to end of row. Turn.
Proceed in pat as follows:

1st row: Ch 7 (counts as tr and ch 3). *(Yoh) twice. Draw up a loop in next st. (Yoh and draw through 2 loops on hook) twice. Yoh and draw through all loops on hook. *Ch 5. [(Yoh) twice. Draw up a loop in next st. (Yoh and draw through 2 loops on hook) twice] twice. Yoh and draw through all 3 loops on hook – tr2tog made. Rep from * to last sc. Ch 3. 1 tr in last sc. Turn.*

2nd row: Ch 5 (counts as tr and ch 1). Miss next 3 ch. Tr in next st. *Ch 5. *(Yoh) twice. Draw up a loop in same st as before. (Yoh and draw through 2 loops on hook) twice. Miss next 5-ch sp. (Yoh) twice. Draw up a loop in next st. (Yoh*

*and draw through 2 loops on hook) twice. Yoh and draw through all 3 loops on hook – tr2tog over 2 sts made. Rep from * to last tr. Tr2tog over last st worked and next tr. Turn.*
3rd row: Ch 7 (counts as tr and ch 3). Tr2tog over first st and next tr2tog. *Ch 5. Tr2tog over st just worked and next tr2tog.

Rep from * to last tr. Ch 3. 1 tr in 4th ch of ch 5. Turn.
Rep 2nd and 3rd rows until work from beg measures approx 20 ins [51 cm], ending with 3rd row.

Next row: Ch 1. 1 sc in first st. *2 sc in next ch-5 sp. Rep from * to turning ch 7. 1 sc in ch-7 sp. 1 sc in 4th ch of ch 7. Turn.

Next 3 rows: Ch 1. 1 sc in each sc to end of row. Turn.
Fasten off at end of last row.

Handles: With RS of work facing join yarn with sl st to top left corner of Bag. Ch 1. Work 30 sc evenly across side of Bag.

Turn.

Next row: Ch 57 (handle). 1 sc in 2nd ch from hook. 1 sc in each of next 55 ch. 1 sc in each sc to end of row. Turn. 86 sc in total.

Next 2 rows: Ch 1. 1 sc in each sc to end of row. Turn.
Fasten off at end of last row, leaving a long end. Sew end of handle in position.
Rep for other side.

No. FP8053

JUST SO YOU KNOW...

**NOW THAT THE COFFEE
TALK HAS GONE 100%
DIGITAL ON THE
TABLETS, IF FOR SOME
REASON YOU WOULD
LIKE/NEED A PAPER COPY.**

**SIMPLY KYTE
LIFESKILLS AND REQUEST
ONE.**

**BLACK AND WHITE ONLY
PLEASE.**