



Warner Creek Trails

P.O. Box 1500, 20654 Rabbit Hill Rd., Lakeview, OR 97630

APRIL 2024

WARNER CREEK TRAILS

VOLUME 24 ISSUE 4



April's Zodiac signs

Aries (March 21 to April 20). And Taurus (April 20 to May 20)

WINNING WORDS:

April cold with dripping rain

Willows and lilacs brings again,

The whistle of returning birds,

And trumpet-lowing of the herds.

—Ralph Waldo Emerson (1803–82)

The Month of April

The month of April gets its name from the Latin word *aperio*, meaning “to open [bud],” because plants really begin to grow now.

We know it is the fourth month of the year, but that’s only by the Gregorian calendar that we adhere to now. It was previously the fifth month in the earlier Julian calendar.

April also only had 29 days, but a 30th day was added when Julius Caesar established the Julian calendar.

In the Southern Hemisphere, April is the seasonal equivalent of October.

No one is sure how the month ended up with its name, but we do know the Romans named it “Aprillis.”

April is a great month for meteor showers. One of which is the Lyrids meteor shower, which appears from April 16th to April 26th each year. There’s another one called the Eta Aquariids meteor shower that can be seen onwards from April 21st.

April Astronomy

The Pink Moon

April’s full Pink Moon will rise on Tuesday, April 23, reaching peak illumination at 7:49 P.M. Eastern Time.

April Birthstone & Birth Flower

Birthstone: Diamond

Birth Flowers: Daisy and Sweet Pea

April Days to Know

April 1 is All Fools' Day—otherwise known as “April Fools' Day.”

April 22 is the start of Passover, which begins at sundown.

April 22 is Earth Day.

April 24 is the birthday of Robert B. Thomas, the founder of *The Old Farmer's Almanac*!

April 28 is National Arbor Day. Find out who started Arbor Day and how we observe this day honoring trees

“Just for Fun” Days

Apr. 1 (first Monday in April): Sweet Potato Day

Apr. 6 (first Saturday in April): International Pillow Fight Day

Apr. 7: National No Housework Day

Apr. 10: Gopher Tortoise Day (Florida)

Apr. 17: Blah, Blah, Blah Day

Apr. 21 (third Sunday in April): Go Fly a Kite Day

Apr. 26: National Richter Scale Day

Apr. 28 (last Saturday in April): National Sense of Smell Day



From the Administrative Rules Program:

Below is the list of status changes made to DOC administrative rules since 2/26/2024.

PROPOSED RULES:

291-005 Information Systems Access and Security

☐ Amends rule to better reflect and implement the direction of the agency, statewide standards, and industry modernization; improve consistency and clarity of the rules; further define and update process; update position titles and timelines; and establish guidelines around separation of duties, authorizing access, shared or group credentials, open user accounts, and physical security.

Last day of comment period: 4/18/24 at 5:00 PM

291-105 Prohibited Conduct and Processing Disciplinary Actions

☐ Amends rule to standardize definitions of terms across Department of Corrections rules; adopt a definition for "digital currency"; and update misconduct violations (Violations Involving Property, Violations Against Persons) to address trends affecting the safety and security of our facilities.

☐ Last day of comment period: 4/18/24 at 5:00 PM

Remote Public Hearing: 4/2/24 1:30PM – 2:30PM

291-202 Sex Offenders, Special Provisions

☐ Amends rule to incorporate changes in legislation per HB2549 (2013) and HB2520 (2015); to incorporate changes in practice or department philosophy (change "inmate" to "AIC" per HB 3146 (2019)); to clarify terminology; to update definitions and statutory references or further define process; to expand exception authority within county community corrections agencies; and to perform technical corrections.

Last day of comment period: 4/18/24 at 5:00 PM

April Education Dates:

2nd First day of school Spring term

9th GED-Testing

11th GED-Testing

22nd Earth Day-NO SCHOOL ("Planet Earth"

Marathon For students)

23rd GED-Testing

25th GED-Testing



Graduates for the month of March
2024

Daniel W. Lobdell

Francisco Galicia

Brian L. Jones

Shannon D. Robello

*Congratulate these men on their
Accomplishment!!*



Education Library

Book of the Month

127.LOJ.01.001 – Lies My Teacher Told Me

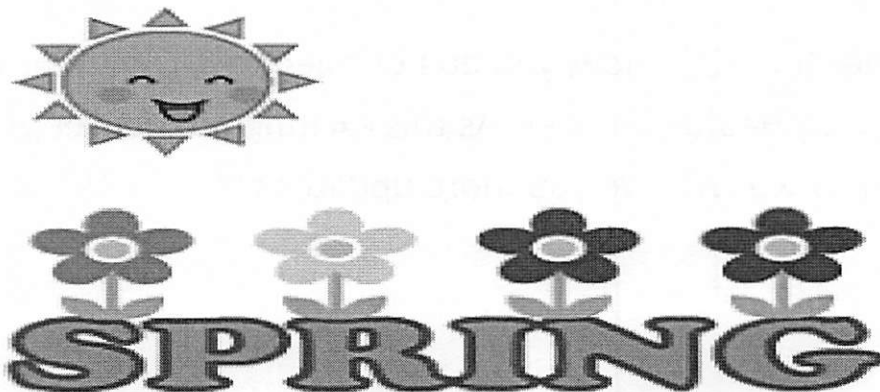
By: James W. Loewen

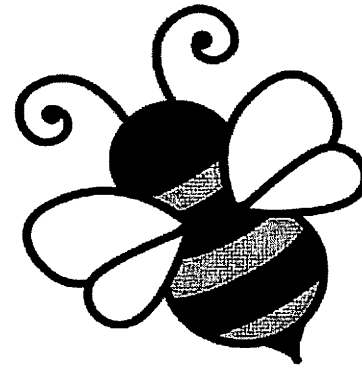
Beginning with pre-Columbian history and ranging over characters and events as diverse as Reconstruction, Helen Keller, the first Thanksgiving, the My Lai massacre, 9/11, and the Iraq War, Loewen offers an eye-opening critique of existing textbooks, and a wonderful retelling of American history as it should – and could – be taught to American students.

Independent Study of the Month:

Understanding Investments

This set of 24 lectures takes the mystery out of investing by giving simple and clear explanations of investments and the process of investing. You'll learn practical lessons about how to choose the best investments for your portfolio and how to plan for your financial goals.





TO: All Adults in Custody

FROM: Health Services

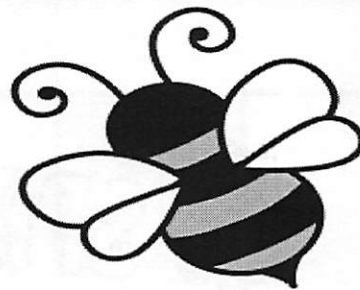
RE: Electronic Health Records

DATE: March 1, 2024

This month, we would like to share information about how your health information will be transferred to the new Electronic Health Records (EHR). An EHR is like a big computer file that stores all your health information in one place. A “scanner” is a copy machine that turns a paper document into an electronic file that is safely and securely stored. Electronic records are easily shared between your doctors, nurses, behavioral health, and dentists at the Oregon Department of Corrections (DOC) and can be accessed at the same time. This will help them work together, and with you, to make important decisions about your health. Your electronic health records can also be shared with your health providers outside of the DOC, such as an out-of-facility appointment, or upon your release.

Right now, paper medical records are stored in a blue medical chart. But soon, when you visit your DOC healthcare providers, you may start seeing both a blue medical chart and a new green medical chart. The blue chart holds the old paper records that have been scanned in preparation for the EHR, and the green chart contains any new paper records created until the EHR goes live. Eventually, all the paper records will also get scanned and loaded into the EHR.

Please remember that right now, you do not need to do anything different to request to be seen by Health Services. As this exciting project keeps moving forward, please know we will give you more updates through AIC newsletters and flyers.



PARA: Todos los adultos bajo custodia

DE: Servicios de salud

ASUNTO: Expedientes electrónicos de salud

FECHA: 1 de marzo de 2024

Este mes nos gustaría compartir información sobre la forma en que su información de salud será transferida a los nuevos Expedientes Electrónicos de Salud (EHR, por sus siglas en inglés). Un EHR es como un gran archivo de computadora que almacena toda su información de salud en un solo lugar. Un “escáner” es una máquina copiadora que convierte un documento en papel en un archivo electrónico que se almacena de forma segura y confiable. Los expedientes electrónicos se comparten fácilmente entre los doctores, enfermeros, especialistas de salud del comportamiento y dentistas en el Departamento Correccional de Oregon (DOC, por sus siglas en inglés) y se puede acceder a ellos al mismo tiempo. Esto les ayudará a trabajar juntos y, con usted, para tomar importantes decisiones para su salud. Sus expedientes electrónicos de salud también se pueden compartir con sus proveedores de servicios de salud fuera del DOC, como en una cita fuera del centro, o cuando se le libere.

Justo ahora, sus expedientes médicos en papel se almacenan en una carpeta médica azul. Pero pronto, cuando visite a sus proveedores de servicios de salud del DOC, podrá empezar a ver tanto la carpeta médica azul como una nueva carpeta médica verde. La carpeta azul tiene los expedientes en papel que se han escaneado en preparación para el EHR, y la carpeta verde contiene cualquier expediente en papel nuevo creado hasta que el EHR se ponga en marcha. En última instancia, todos los expedientes en papel también se escanearán y se cargarán al EHR.

Por favor, recuerde que ahora mismo no necesita hacer nada diferente para solicitar que le vean en Servicios de salud. Conforme este emocionante proyecto avanza, por favor, tenga en cuenta que le daremos más actualizaciones a través de los boletines de noticias y de los volantes de AIC.

SPRING & EASTER

Y F J E O S L P E N B M A L T N E L P Q
 A N C H G O O D F R I D A Y I A M M J V
 H E N K P D K Z Z T L V G U X D O E T L
 U P P U T N U H M Q R A B B I T S L V S
 O V U U B F F A M I L Y Q M I U C Y U A
 O N B L E S S I N G S W E X S W R O U X
 I S A C R I F I C E N M W B R R O A U Y
 O G N D F Z C C V H E O G D D O S O H N
 Q P R C U C H O C O L A T E U N S B M K
 Y F O Q E I E B S L W Z C H I C K B N T
 Y Q B P B L V W E E N Z X N C X K C N T
 R S W A A O E Y H O T C R O S S B U N V
 E P E R S Y D B T G M Y A M I R A C L E
 L R N A K W Y T R P A P R I L N Z J M L
 Y I Y D E R E D R A B O N N E T D R K T
 Z N S E T U H A N P T U C R Z V T H C Q
 S G X Z Q C J B S A H I X Z V N U G R X
 G O Q U J E D Q O T C D O S L I U S V I
 G L O Y L O H K E L E R A N R E Y A R P
 E B Z R C H U R C H Q R E A D A K F H S

WORD LIST

APRIL
 BASKET
 BLESSINGS
 BONNET
 BOUQUET
 BUNNY
 CANDY
 CELEBRATION

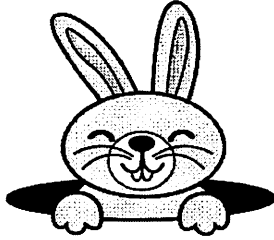
CHICK
 CHOCOLATE
 CHURCH
 CROSS
 EASTER
 EGGS
 FAMILY
 GOOD FRIDAY

HOLY
 HOT CROSS BUN
 HUNT
 JESUS
 LAMB
 LENT
 MIRACLE

NEWBORN
 PARADE
 PRAYER
 RABBIT
 SACRIFICE
 SPRING
 YELLOW

Homemade
 GIFTS MADE EASY

Did you know with Mr. Hassard



SPRING IS IN THE AIR

"Words without deeds is like a garden full of weeds" – Some Victorian snob with a gardener.

The name origin of April is uncertain. There is a similar Latin word, *aperire*, that means "to open" - like Spring buds do. Aphrodite and Apollo begin the same, but they're Greek and the Romans (who used different names, like Venus) did our month naming, so a reference to "open" Spring is more likely.

April Fool's Day can be fun, or annoying, and so is its uncertain (and multiple places) origin about tricking/joking/fooling.

Arbor Day is the last Friday in April and was begun by an OG tree hugger from Nebraska, where he thought more trees were needed. Johnny Appleseed and the lady in Africa who won the 2004 Nobel Prize both planted lots of trees. Cutting down trees creates money now but planting them creates immortality later. Maybe that's why there's a famous kid's book called "The Giving Tree" - and a *Tree of Knowledge* in the beginning of the Bible - even though that tree is a metaphor for the fact that women gathered successfully while men hunted less successfully: Farming comes from copying successful gathering not from copying less successful hunting. (But Women's Month was March: *"I'd rather be your wife than amount to anything"* – comedian Gracie Allen to her husband, comedian George Burns.)

Earth Day is April 22 and since you live on it, you shouldn't have to be a tree hugger to try to figure out a way to respect the only planet you live on. It's weird that it takes a special day to remind us to respect nature, since we're part of it, and affected by it, all the time. Even a "day" only exists because the Earth rotates, and yet the one-day-per-year reminder to not abuse it probably isn't helping much. Earth Day began in 1970 (after we saw pictures of it from the moon). I wonder if Earth Day has helped us help the earth very much.

How fast does the earth move through space? (93 million miles radius, or distance from sun)

365 days in a year x 24 hours in a day = 8760 hours per year

Circumference = $2\pi r$, or $3.14 \times 93m \times 2$ (answer is 584 million miles around the sun)

Divide C (distance in miles per year) by hours in a year to get Miles Per Hour.

We're moving in a 584 million mile circle (actually, an ellipse) through space at about **66,667 MPH**, while constantly spinning each day, too. Gravity makes me feel better.

Colorful facts: The rainbow (often seen after April showers) doesn't have Purple, it has Indigo and Violet, both of which are named after the plant that has that color. Purple doesn't come from a plant, and historically it's *Royal Purple*. Some colors were easier to find dyes for in nature. Purple in ancient times came only from a sea snail in the eastern Mediterranean. Once a year the snails washed upon the Phoenician shores (today's Lebanon) and those traders collected and crushed them to secrete the purple dye that was so rare in those days that only royalty wore purple. And the Phoenicians became rich and famous for their control of the rare and desired purple dye.

Violet is a flower and Indigo is a plant that we get a classic blue colored dye from. That's why Blue Jeans are blue (denim/cotton starts white). Blue was a very common color for clothes once the human tragedy of slave Plantations got established. By the time Levi Strauss started taking canvas sails off abandoned boats in San Francisco Bay to cut and stitch into rugged gold-miner pants, he could still get a bunch of indigo cheaply, and "blue jeans" were born. Today, jeans of any color are possible, but indigo blue is the original, even though working on an indigo plantation usually gave people THE BLUES. 🎵 🎵 🎵

Just a reminder:

We have guitars!



General		Body	
Model	OMEN-6	Guitar Colors	Gloss Black
Item Number	2060	Hardware Color	Black Chrome
Color Shown	Gloss Black	Top Contour	Arched Top
Neck		Dexterity	Right Handed
Tuners	Schecter	Construction	Bolt-on
Fretboard Material	Rosewood	Body Material	Basswood
Neck Material	Maple	Binding	Ivory 1-ply
Inlays	Perloid Semi-Goth	Bridge	Tune-O-matic w/String Thru Body
Scale	25.5" 648mm	Electronics	
Neck Shape	Thin "C"	Controls	Volume/Tone/3-Way Switch
Thickness	@ 1st Fret-.787" (20mm)/ @ 12th Fret-.866" (22mm)	Bridge Pickup	Schecter Diamond Plus
Frets	24 X-Jumbo	Neck Pickup	Schecter Diamond Plus
Fretboard Radius	14" (355mm)	Accessories	
Nut	Graph Tech XL Black Tusq	Knobs	Metal Knurled w/Set Screw
Nut Width	1.653" (42mm)	Strings	Ernie Ball Regular Slinky #2221 (.010-.046)
Truss Rod	2-Way Adjustable Rod w/32" (4mm) Allen Nut	Case	1620 SGR-1C C-Shape Hardcase

Right Hand Guitar Package Package - \$576.61

Left Hand Guitar Package Package - \$607.17

QUIZWORD

1

ACROSS

- 1 Which US city's name means "the meadows" in Spanish? (3,5)
- 7 Prunes are preserved what? (5)
- 8 What nickname for an unsophisticated country person originated in the US Appalachians? (9)
- 9 What ancient S-shaped bronze trumpet is found in Scandinavian bogs? (3)
- 10 What grain is the staple food of half the world's people? (4)
- 11 Which country shares borders with Saudi Arabia and Iraq? (6)
- 13 Which composer was music master to the children of King George I? (6)
- 14 What is the quarter of many North African cities in which the citadel is located? (6)
- 17 What is a young beaver called? (6)
- 18 What dried flowers give a bitter taste to beer? (4)
- 20 What might a mongrel dog be called? (3)
- 22 The Chinese discovered how to make ice while manufacturing what? (9)
- 23 During WWII, what was the code name for "pipe lines under the ocean", which were fuel lines under the Channel? (5)
- 24 What gelatinous substance obtained from a fleshy plant is used in cosmetics as an emollient? (4,4)

DOWN

- 1 Who (Franz _____) composed the operetta *The Merry Widow*? (5)
- 2 What is the second most common element on Earth, after oxygen? (7)
- 3 Where was Napoleon in exile 1814-1815? (4)
- 4 Onion, garlic, shallot, leek and chive are all of which plant genus? (6)
- 5 What bed cover is made of two layers of cloth filled with stuffing and stitched together? (5)
- 6 What is the world's largest bird? (7)
- 7 What was Sir Edmund Hillary's 1953 distinctive striped sun hat made from? (7)
- 12 Which 1958 classic Hitchcock film starred James Stewart and Kim Novak? (7)
- 13 A sudden fright is suggested as a cure for what? (7)
- 15 "Heart of Glass" was a huge 1979 hit for which band? (7)
- 16 What feathery-leaved, strong-smelling plant is used to season and flavour food? (6)
- 17 The word for pickled cabbage was abbreviated to what derogatory name for a German? (5)
- 19 Damascus is the capital of what country? (5)
- 21 Which great city was built on seven hills? (4)

© The Puzzle Company

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					24						

SOLUTION NEXT WEEK

LAW LIBRARY

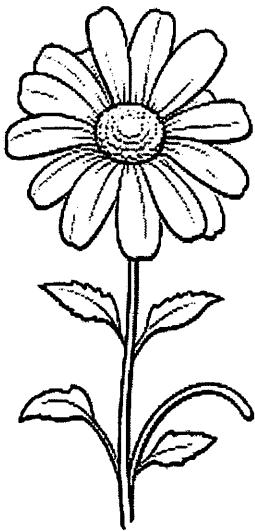
UPDATES

Legal mail

All legal mail will now be handed out by R&D in the evenings.

****ALL MISSED LEGAL CALLOUTS WILL RESULT IN AN
AUTOMATIC 4-HOUR CELL IN****

Call out codes for the Law Library



Abbreviation in Location Field	Meaning of Abbreviation
DR	Desk Research
TC	Research/Word Processing
LA	Legal Assistant
MO	Mail Out
N	Notary
F	Forms
A/V	Review CDs of discovery
C	Copies
Box	Legal Boxes
MISC	Miscellaneous
MU	Make Up (will have service scheduled fol-



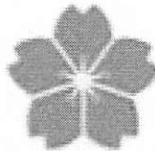
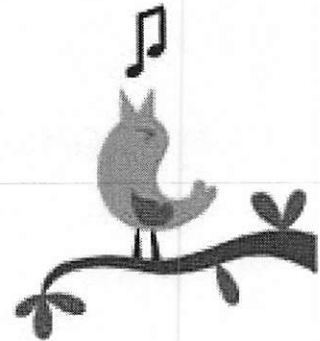
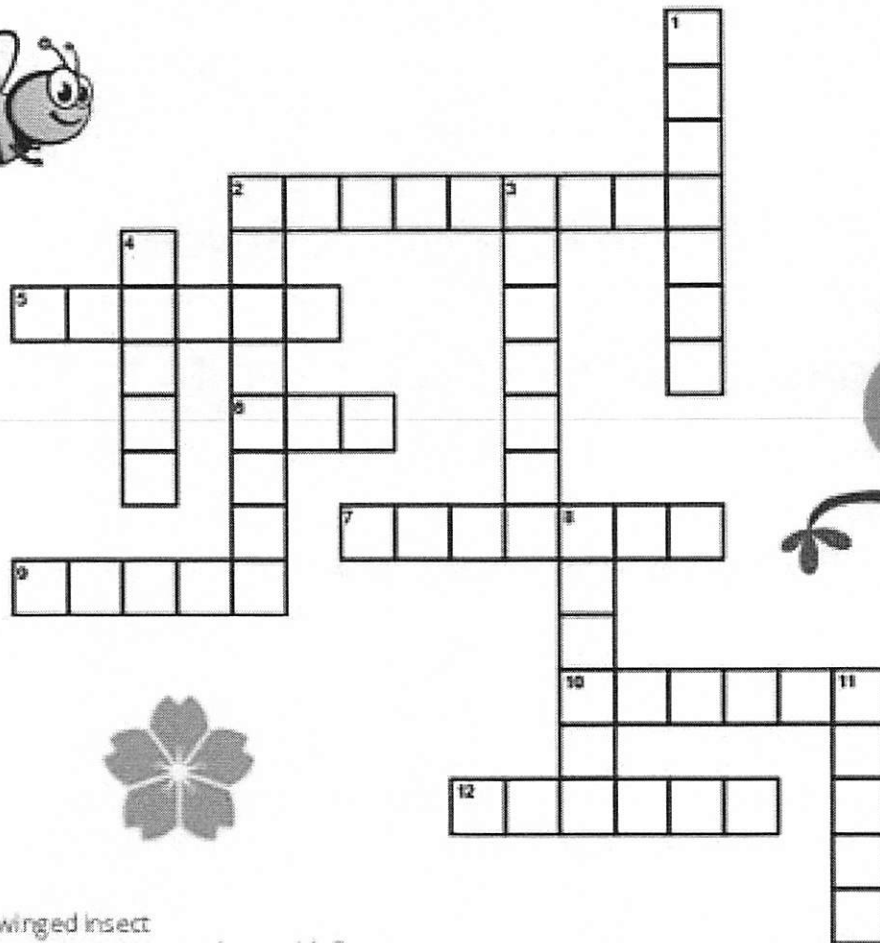
The next food handlers test is May 2nd.

Please Kyte Ms. S. Snyder

to be added to the list if you need to take this test.



Spring Crossword

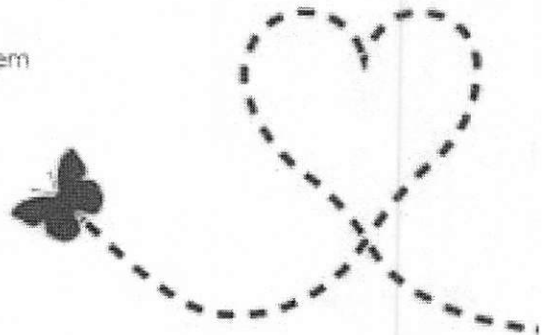


Across

- [2] Small winged insect
 [5] Grassy open space sometimes with flowers
 [6] Word for planting seeds, you ___ seeds
 [7] April showers bring may _____
 [9] _____ migrate back north in spring
 [10] The dutch national flowers
 [12] Some people grow fruits, vegetables or flowers in them

Down

- [1] Small red insect with black spots
 [2] Grow on certain trees, cherry _____
 [3] Appears after it rains
 [4] First month of spring
 [8] Holiday during spring
 [11] You bury them in the ground to grow plants



VETERANS SERVICES

Mr. Pereyra the Lake County Veterans Service Officer has offered to come in and meet with any veterans in need of help or resources from Veterans Services. To be added to a call out kyte Ms. B Havelly in the Law Library by the 15th of each month to be added to Mr. Pereyra's next visit day.

**VA**U.S. Department
of Veterans Affairs

Have a drug or alcohol problem? Looking for a solution? Come Join us!

Sunday/ Monday

6-7 pm

AA/NA

Kyte

Ms. Carpenter

to be added to the call outs



Have a club meeting or fundraiser? Advertise in the newsletter!

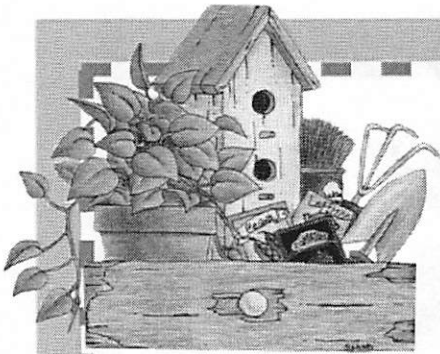
Kyte

Ms. B Havely

with all information

you would like included by the
3rd Friday the month Prior to
your event or meeting

COME ONE,
COME ALL



Spring Garden Word Scramble

Race to see how quickly you can unscramble the following mixed-up, gardening-themed words?

1. Flodfaid _____
2. Rolfew Top _____
3. Gelsnide _____
4. Stufreblite _____
5. Depas _____
6. Slitup _____
7. Grinetaw Nac _____
8. Orwk Slegov _____
9. Stablegeve _____
10. Druibshoe _____
11. Snubine _____
12. Morewraths _____
13. Ziterrlife _____
14. Shindbrimmug _____
15. Salezaa _____
16. Dahn Stool _____
17. Bludgay _____
18. Brelowerhaw _____
19. Chuml _____
20. Lapsgin _____



OREGON DEPARTMENT OF CORRECTIONS

COVID-19 Vaccine and Booster Dose Update – March 2024

The COVID-19 virus is still present in our institutions and communities, and vaccines continue to be the safest and most effective way to protect from COVID-19 infection. The Centers for Disease Control and Prevention (CDC) has authorized another vaccine booster series for COVID-19. Health Services will be approaching all individuals to inquire if vaccination is desired. If you do not wish to be vaccinated, or receive boosters, you can opt-out.

If you have questions, contact your health care provider.



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COVID-19 Booster Vaccines will be offered to those patients that are 65 years of age and older, as well as to patients who may be immunocompromised. These patients should receive two doses of Spikevax (Moderna) 23-24 vaccine to be up to date in vaccines. If you are under 65 years of age, are not immunocompromised, and have already received your COVID-19 Spikevax (Moderna) 23-24 vaccine – you are up to date on your vaccines and do not need another. If you have not received your COVID-19 Spikevax (Moderna) 23-24 vaccine, and you want it, please send a kyte to medical to receive it.

If you have questions, contact your health care provider.
